

Original-Extracts of the  
12-Volume Work "The Book of True Life"

# *The Divine Love*

Origin, Essence and Goal of our  
Life and All Being

Buchdienst zum Leben

The twelve-volume work *Libro de la Vida Verdadera* (*The Book of True Life*) is a legacy to mankind on earth and is registered in México City, under 20111, 26002 and 83348 by the Asociación de Estudios Espirituales Vida Verdadera A.C. Apartado Postal 888, México, D.F., C.P. 06000

The book on hand *The Divine Love - Origin, Essence and Goal of our Life and all Being* is a selection of extracts of the *The Book of True Life*.

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## Preface

In the following, we will briefly describe from which source the contents of this book have been derived:

Sunday after Sunday people from the ordinary people met in Mexico for two to three hours to listen to the divine word, proclaimed by "portavoces" (voice-bearers), who were theologically uneducated but pure of heart.

It all began back in 1861, when the archangel Gabriel told Roque Rojas that he was destined to start the Third Era. From 1866 Roque Rojas received further instructions from the spirit of the prophet Elijah, who had already been the forerunner of Jesus in the person of John the Baptist in the Second Era. Only one of the group, that Roque Rojas had gathered around him, remained, Damiana Oviedo, a faithful soul through which the Divine Spirit was able to reveal Itself in 1884.

From then on, the number of listeners in the following decades grew steadily to several Thousand, who met on Sundays in more than one hundred places of assembly. Each of these assembly places had one or more inwardly prepared voice-bearers through which the Divine Spirit could manifest Itself. In the teachings, the Lord repeatedly announced that this form of manifestation would end on December 31, 1950.

In 1940 it was decided that these teachings should be simultaneously written down in shorthand and kept as protocols.

After 1950, a small group of men and women collected these protocols, summarized them in 366 teachings with a total of 25,500 verses and published them in a 12-volume book of about

450 pages each under the title "Libro de la Vida Verdadera" — in English "The Book of True Life".

At the beginning of this century, from the above-mentioned 12-volume work a compendium was created, well structured in factual terms with 615 pages under the title "The Third Testament" which exists also in Spanish, German and French.

In order to facilitate access to this quite extensive work "The Book of True Life" and "The Third Testament", we have compiled a shorter compendium entitled "The Divine Love — Origin, Essence and Goal of our Life and All Being". The reference numbers in parentheses after the paragraphs refer to the teaching and verse from "The Book of True Life".

We hope that this small compendium, which is also available in Spanish, will give as many people as possible a deeper trust in God, comfort and hope for the soul as well as the light of understanding of the connections of life on Earth and in the Spiritual World.

We would like to thank all readers who are helping to spread this book in advance — to the blessing of all.

## Introduction

To gain a first insight into the meaning of this book, you will find in the following some passages of each chapter.

### Divine Love — Source of all Being

Love is the beginning of, and the reason for your existence, O, humanity, how could you live without that gift? Believe Me, there are many who carry death within them, and others that are sick merely from not loving anyone. The balm that has saved many has been the love and Divine gift that restores true life, that redeems and elevates, is also love. (166, 41)

And therefore, you were born of love, exist for love, are forgiven out of love, and shall be in eternity, through love. (135, 20)

### God is Present in his Creation

My Spirit, being infinite and omnipotent, does not inhabit a fixed place. It is everywhere, in every place both spiritual and material. Where is that throne you attribute to Me?

Some say: God is in the heavens, others: God is in the beyond; but they do not know what they say, nor what they believe. Certainly I inhabit the heavens, but not in a certain place, as you have imagined; I inhabit the heavens of light, of power, of love, of wisdom, of justice, of happiness, and of perfection. (130; 30, 36)

It is necessary that man knows that He bears Me within himself, that in his spirit and in the light of his conscience He has the presence of the Divine. (83, 51)

## Divine Teachings throughout all the Time

You are greatly mistaken if you believe that I waited until now to inform you of the spiritual life. Once again, I say to you that My Divine teaching began when the first human was born. It is not an exaggeration when I tell you that My lessons began with the formation of the spirits before the world was created. (289, 18)

Does it seem impossible, or at least strange to you, that God communicates spiritually with men, or that the Spiritual World communicates with, and manifests itself in your lives, and that the unknown worlds and dwelling places communicate with you? Would you want your level knowledge to remain stagnant and for the Father to never reveal anything more than He already has? (275, 66)

The world needs My word; the peoples and nations need My lessons of love; the leader, the scientist, the judge, He who guides spirits, He who teaches all of them need the light of My truth, and that is exactly why I came in this Era, to illuminate the spirits, the hearts, and the understanding of men. (274, 14)

## Man, Know Yourself

Before your creation you were in Me; later, as a spiritual creature, from a place where all vibrates in perfect harmony, where the essence of life and the source of the true light are found, I come to give you sustenance.

But when you left that dwelling I gave vestment to the spirit, and you descended further and further. Since then, your spirit has been evolving little by little, until arriving to the plane it now occupies, where the light of the Father shines. (115, 4-5)

You know that you were created in My image and likeness, and when you say it, you think of your human form. I say to you that your likeness to God is not physical but spiritual. In order to

liken yourself to me you must perfect yourself by practicing deeds of virtue. (31, 51)

### Wrong Concepts of Evil

Evil exists; from it all vices and sins have derived. The sinners, or rather, those who practice evil, have always existed on earth just as in other worlds or dwelling places. Yet, why personify all existing evil in one being, and why do you have him confront the Divinity? I ask you, what is an impure being compared to My absolute and infinite power, and what does your sin mean to My perfection?

If you have imagined the spirits of the darkness as monsters, I see them only as imperfect creatures to whom I offer My hand to rescue them, for they too are My children. (114; 56, 62)

### Materialism, Ignorance, False Doctrines

Since the first times I have seen men taking their lives because of greed, materialism and lust for power; they have always neglected their spirit, believing themselves only flesh, and when the time has come to leave their human form on earth, only what they did in their physical life remained, without gathering any glory for the spirit because they did not seek it; they did not think about it, nor were they concerned with the virtues of the spirit or its knowledge. They were satisfied in living without seeking the pathway which leads them to God. (11, 43)

I have placed greatness in man, but not the one that He seeks on earth. The greatness that I speak of is sacrifice, love, humility and charity. Man continually flees from those virtues withdrawing from his true greatness and from the dignity that the Father has given him as His son. (80, 37)

Poor peoples of earth, some enslaved, others humiliated, and the rest robbed by their own leaders and representatives!

Your hearts already do not love those who rule you on earth, for your trust has been betrayed. You no longer have confidence in the justice or magnanimity of your judges, and no longer believe in their promises, their words, nor their smiles. You have seen that hypocrisy has taken over their hearts and established on earth its reign of lies, falsehoods, and trickery. (325, 10-11)

Christ, the Anointed, came to show you the road, telling you, “Love one another.” Can you imagine the reach of that sublime commandment? (136, 41)

### Life on Earth, Death, Dying, the Beyond

The ideas you have of the meaning of life on earth, of what the spirit is, and of what the spiritual valley is, are mistaken.

The majority of believers think that living with a certain rectitude, or repenting, in the last instant of life, of the errors they have made, they have assured themselves of glory for their spirits.

That false concept that blinds men does not permit them to persevere throughout their lives in compliance with the law, and causes their spirits, when they abandon this world and come to the spiritual mansion, to find themselves in a place where they do not behold the marvels they had imagined, nor feel the supreme happiness to which they think they have a right. (184, 40)

Death is only a symbol. Death exists for those who do not achieve knowledge of the truth; for them death continues as a spectre behind which is either Mystery, or nothing. It is to you that I say: Open your eyes and understand that you also will not die; you will be separated from the material, but that does not mean that you will die. You, like your Master, have eternal life. (213, 5)

At every moment My voice calls you toward the righteous path where peace exists, but your deaf ear has only an instant of sensitivity before that voice. That moment is the last one of your life, when agony gives you notice of the near death of the body. Then is when you want to begin your life to correct your faults, to

calm down your spirit before the judgment of your conscience and be able to offer something worthy and meritorious to the Father. (64, 60)

Those who in their religious fanaticism only await the punishment of hell in the Beyond, while holding that belief are themselves forging their own hell, for the confusion of the spirit is similar to that of the human mind, but more powerful. (227, 71)

## Development and Reincarnation

Just as you see the body of man develop, so too does the spirit in him; yet, the body finds a limit to its development, while the spirit requires eternity and many material incarnations to reach its perfection. That is the reason for your reincarnations.

You were born, of the paternal and maternal mind of God as a seed: pure, simple, and clean; do not, however, be confused: being pure and simple is not the same as being great and perfect. (212, 57-58)

How many men, based on the knowledge they have achieved, believe themselves to have greatness of spirit, but to Me are like some children standing still on the road to their evolution; they should realize that it is not only through the development of the mind that the elevation of the spirit is achieved, but through the all – around development of their being; and there are many gifts needed to evolve in order to achieve completeness.

That is why I instituted the reincarnation of the spirit as one of My laws of love and justice, in order to provide it with a longer road that would give it the opportunities necessary to achieve its perfection. (156, 28-29)

## Matrimony, Family, Education

In the beginning the human being was divided into two parts, thus creating the two sexes, one the man and the other the woman. He would have strength, intelligence and majesty; the

woman would have tenderness, grace, and beauty. The man as the seed, and the woman the fertile land. There you have two beings who can feel complete, perfect, and happy only when they are united, for with their harmony they will form one single body, one single will, and one single ideal.

This union, when inspired by the conscience and by love, is called matrimony. (38, 30-31)

Think seriously of the generations that come after you. Think of your children, who you must give spiritual life, which is faith, virtue, and spirituality, just as you have given them material existence. (138, 61)

## Science, Religions, Spirituality

Do not become vain with the fruits of your science, for now while so much progress has been made through it, is when humanity suffers most, when there is more misery, unrest, illness and destructive wars. (22, 16)

There exists confusion among mankind; for you have put those who have lead you to the abyss up on pedestals. For that reason, do not ask why I have come among men, nor judge the reason why I am communicating through the channel of sinners and the ignorant, because not everything that you judge as imperfect, is so. (59, 54)

I have told you that this humanity shall one day reach spirituality, and will know how to live in harmony with all that has been created, and to march together harmoniously in heart, spirit, and understanding. (305, 11)

“Love one another.” That is the maxim, My supreme commandment to man, without distinction of creed or religion. (129, 40)

Man, upon distancing himself from the fulfillment of My law, has created ideas, theories, religions, and diverse doctrines that divide and confuse humanity, tying its spirits to materialism and impeding it from ascending freely. However, the light of My

Holy Spirit illuminates all men, showing them the path of true life where there is only one guide, the conscience. (46, 44)

Spiritualism is not a religion; it is the same Doctrine that in the body of Jesus I came to pour out over the world for the orientation of all men in all times. It is My Doctrine of love, justice, understanding, and forgiveness. (359, 60)

The altar I leave you, and on which you shall celebrate your worship as I expect, is life beyond any limitations, beyond all religions, churches, and sects, for it exists in the spiritual, in the eternal and Divine. (194, 28)

## Development of Spiritual Gifts and Good Qualities

Thus, as in all times, the life of man has been divided into eras, or ages, and each of them has been defined by something, whether by its discoveries, by the Divine revelations received, or by its development in the sense of beauty, which they call art, or by its science; so the Era which now begins, the Era that is arriving like a new dawn, will be typified by the development of the gifts of the spirit, the part that you should have cultivated in order to avoid so many evils, and which you always left to later.

Do you not believe that human life can transform itself totally, developing spirituality, cultivating the gifts of the spirit, and establishing the law dictated by the conscience in this world? (135, 53-54)

Moreover, I say to you: Blessed are those of My laborers who know how to feel in their hearts the sorrow of those deprived of liberty or health, and who visit and comfort them; for one day they will meet again, whether in this or another life. (149, 54)

The forgiveness that comes from love is taught only by My Doctrine, and it contains a powerful force for converting, regenerating, and transforming the evil into good, and the sinner into a person of virtue. (238, 13)

## Prayer, Meditation, Spiritualization, Visions

This is the time for prayer and meditation, but prayer free of fanaticism and idolatry, and of meditation that is serene and deeply immersed in My Divine Word.

Every hour and every place can be appropriate for prayer and meditation. Never in My teachings did I tell you that there were places or times destined for prayer. (279, 5-6)

If you do not know how to talk to your God, your repentance, your thoughts, your pain, and your love will suffice.

That is the language that I hear and understand; the language of truth and sincerity without words, that is the prayer that I have come to teach you in this Third Era. (358, 53-54)

I expect spirituality of men because it means the elevation of life, the ideal of perfection, the love of good, the worship of truth, the practice of charity, and harmony with oneself, which is harmony with others, and therefore with God. (326, 22)

Spirituality is harmony with all that surrounds you. (326, 66)

All men, races, and nations will respond to the Divine call. They will listen once the spirit of man becomes weary of being a prisoner on earth. The spirit will arise and break the chains of materialism in order to proclaim its spiritual freedom. (297, 66)

## Chapter 1

### Divine Love — Source of all Being

Love has been the essence of My Doctrine throughout the Eras. Love is the essence of God; from that strength all beings take life; from it all life and creation arose. Love is the beginning and the final destiny of all made by the Father. Before that strength that moves, illuminates, and gives life to all things, death disappears, sin vanishes, negative passions fade, impurities are cleansed, and all that is imperfect is made perfect. (295, 32)

I have revealed My existence, and the reason for your own, I have revealed that the fire that gives life and animates all, is love; and this is the principle from which all natures have sprung.

And therefore, you were born of love, exist for love, are forgiven out of love, and shall be in eternity, through love. (135, 19 – 20)

Love is the beginning of, and the reason for your existence, O, humanity, how could you live without that gift? Believe Me, there are many who carry death within them, and others that are sick merely from not loving anyone. The balm that has saved many has been the love and Divine gift that restores true life, that redeems and elevates, is also love. (166, 41)

Love; for He who does not love bears deep sadness within himself, that of not possessing or feeling what is most beautiful and elevated in life.

That was what Jesus came to teach you with his life and death, and it is that which He bequeathed to you in his Divine

## Chapter 1

Word, condensed in the phrase: “Love one another with that love that I have shown you.”(224, 34-35)

Truly I tell you that love is the unchangeable force that moves the universe. Love is the beginning and the essence of life. (282, 13)

Love is the cause, the principle, the seed of wisdom, of grandeur, of strength, of elevation, and of life. That is the true road traced by the Creator for the spirit, so that step by step, and dwelling to dwelling, you continue feeling ever closer to Me.

If from the beginning of time, mankind had created a cult of spiritual love, instead of falling into idolatrous rites and religious fanaticism, this world, today made into a valley of tears by men’s anguish and misery, would be a valley of peace, to which spirits would come to gain merit in order to reach those spiritual dwelling places that a spirit on its road of elevation must enter after this life. (184, 37-38)

Before the Father manifested Himself to mankind in Jesus, He conveyed His revelations, by using symbols and material events. By the name of Christ you knew the One who manifested the love of God among men, but when He came to earth, He had already manifested Himself as the Father, therefore, you should not say that Christ was born in the world, it was Jesus who was born, and Christ who dwelled in His body.

Meditate and you will conclude by understanding Me, accepting that before Jesus, He was already Christ, because Christ is the love of God. (16, 6-7)

I gave you the perfect lesson through Jesus. Analyze My passage through the world as a man from birth to death, and you will have an explanation of love in its perfect living form.

## Chapter 1

My eternal Law has always spoken to you of that love. I said to you in the first times: “Love God with all your heart and spirit,” and “Love your neighbor as yourself.”

Later I gave you these inspirations: “Love your brothers as the Father has loved you,” and “Love one another.”

In this time I have told you to love God before all creation, to love God in all that exists, and all that exists in God; that you practice charity and more charity with your brothers in order to see the Father in all his splendor, for charity is love. (167; 15, 17-19)

May no one be ashamed to call God the Father, the Creator, because that is His true name. (19, 58)

Today, in the Third Era, there is still doubt that She comes to communicate with men, but I tell you that she participates in all My works, for she is the representation of the most tender love held in My Divine Spirit. (221, 6)

Mary is the spirit fused to the Divinity in such a way that She constitutes one of its parts like the three aspects: the Father, the Word, and the Light of the Holy Spirit. Thus, Mary is the Spirit of God that manifests and represents Divine tenderness. (352, 76)

The mantle of your Celestial Mother has protected the world for eternity, covering My children, who are her children, with love. Mary, Spirit, was not born in the world; her maternal essence has been with Me always. (141, 63)

I know that the greater your knowledge of Me, the more you will love Me.

When I tell you to “love Me,” do you know what I truly want to tell you? I am telling you to love truth, to love life, to love enlightenment, to love one another, and to love the true life. (297, 57-58)

## Chapter 1

Mankind will still perform many false deeds of love and charity, until it learns to love and practice true charity, and many will go from religion to religion until their spirit elevates itself in knowledge and reaches an understanding that the only Law, the universal and eternal Doctrine of the spirit, is the Law of love which everyone will attain. (12, 64)

Allow the Master to guide you in all your actions, words and thoughts. Be prepared under his pleasing and loving example and you will manifest the Divine love, thus you will feel nearer to God, for you will be in harmony with Him. (21, 11)

Before the worlds, before any creature, or any matter came to life, My Divine Spirit existed. However, being ALL, I felt in Myself an enormous emptiness, for I was like a King without subjects, or a Master without disciples, and for that reason I conceived the idea of creating beings in My likeness, to whom I would dedicate all of My life, whom I would love so deeply and intensely that when the moment arrived, I would not hesitate to offer them My blood on the cross. (345, 20)

So that God could be called Father, He brought forth from his bosom spirits, creatures similar to himself in Divine attributes, and that was your beginning; in that way you sprang into spiritual life. (345, 22)

Love was the reason for having created you. I had a Divine yearning to share My power with someone. And love was also the reason for having endowed you with free will. I wanted to feel loved by My children, not by law but through a spontaneous feeling which would sprout freely from your spirits. (31, 53)

he Universe was filled with beings, and in all the love, power, and wisdom of the Father was manifest.

The bosom of the Lord has been like an endless fountain of life since the instant in which He deigned that atoms might unite to form bodies and integrate beings.

## Chapter 1

Spiritual life existed first; first were the spirits, and then material nature.

As it was decided that many spiritual creatures would take corporeal form to inhabit material worlds, all was prepared in advance, so that the children of the Lord would find all in readiness. (150, 80-83)

All is blessed by Me at every hour, and during each instant. No curse or abomination has ever nor will come from Me for My children, and so without distinguishing between sinners and the just, I make My blessing, My kiss of love and peace descend upon all of them.(319, 50)

Now I add, that when the greedy turn generous, and the arrogant become humble, in that instant they come to enjoy that which I reserve to those who practice virtue, for My love is not partial, it is universal, for all My children. (250, 17)

## Chapter 2

### God is Present in his Creation

My Spirit, being infinite and omnipotent, does not inhabit a fixed place. It is everywhere, in every place both spiritual and material. Where is that throne you attribute to Me?

Some say: God is in the heavens, others: God is in the beyond; but they do not know what they say, nor what they believe. Certainly I inhabit the heavens, but not in a certain place, as you have imagined; I inhabit the heavens of light, of power, of love, of wisdom, of justice, of happiness, and of perfection. (130; 30, 36)

My universal presence fills everything, there is no vacuum in any site or plane of the Universe, all of it is saturated with Me. (309, 3)

My Spirit, which is universal, exists in all that I have created whether that be of the spiritual or material Nature. My Work is in all, giving testimony of My perfection in each of its planes.

My Divine Work embraces all, from the greatest and most perfect beings that dwell by My right, to the most imperceptibly small animal, to the vegetable and the mineral, and in the atoms and cells that form all creatures.

In this I show you yet again the perfection of all created by Me, from the material beings to the spirits that have already achieved perfection: that is My Work. (302, 39)

I am the essence of all creation. All things live through My infinite power. I am in every body and every form, I am in each of you, but it is necessary for you to prepare and make yourselves sensitive so that you may sense and find Me.

## Chapter 2

I am the breath of every being, for I am life. That is why I have given you to understand that if you have me present in all your works there is no need to forge My image in clay or marble to adore or feel Me close to you. That incomprehension has brought humanity to idolatry.

Through My word you have a presentiment of the harmony that exists between the Father and all that has been created, and you understand that I am the essence that sustains all beings, and that you yourselves are a part of Me. (185, 26-28)

I have said to you, I am so near to you that I am aware of your most intimate thoughts. I am always with you, because I am present everywhere. I am the light that illuminates your mind and inspires you.

I am in you, because it is I who inspire you and who judges you through your conscience. I am in your material senses and in your physical body, because I am throughout creation. (180, 50-51)

Do not attempt to think of Me in a material form because My Spirit lacks form, just as intelligence, love, and wisdom also lack form. (39, 44)

I am beyond time, above everything created; My Divine Spirit is not subject to evolution. I am Eternal and Perfect; it is not so with you who do have a beginning, who are certainly subject to laws of evolution, and besides that, you feel the passing of time upon your being. (66, 43)

I have taught you to see God as All, as the limitless marvel for your mental conception, as the prime mover of all movement and action in the Universe, as life which manifests itself as much in a simple plant, as in those worlds that spin by the millions in space without any of them disobeying the law that govern them.

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That Law is I, your God; it is the Law of continual evolution at which man marvels, giving him broad fields for the research that permits him to continue penetrating the secrets of Nature. (359, 74-75)

Today I make My universal language heard in all, to tell them that though I am in each one of you, no one should say that God is inside man, for it is the beings and all creation which is inside God. (136, 71)

The Spirit of the Father is invisible, but manifests itself in an infinity of forms. The entire universe is only a material manifestation of the Divinity. All created is a reflection of the truth.

I have surrounded the existence of the spirits, who are children of My Divinity, according to the dwelling they inhabit, with a series of forms in which I have placed wisdom, beauty, essence, and good sense, so that each of these dwellings has the most palpable proofs of My existence, and an idea of My power. I show you, that the essence of life consists of love, of wisdom, and in possessing the truth. (168, 9-10)

Many have made of Nature their God, exalting it as a Divine fountain of all that exists. But in truth I say to you that this Nature from whose bosom have emerged all beings, the forces and material elements which surround you, is not herself creator, it was conceived and created before by the Divine Maker. It is not the cause nor the reason for life. Only I, your Father, am the Beginning and the End, the Alpha and the Omega. (26, 26)

All that surrounds and envelopes you in this life is an image of the eternal life, a profound lesson explained through material forms and objects so that it may be understood. (184, 31)

I do not come to deprive you of anything that I have placed in Nature for the protection, health, sustenance, welfare, and joy of My children.

Rather, I tell you that just as I offer the bread of the spirit and invite you to breathe in and saturate yourself with spiritual emanations, do not ignore nor distance yourselves from all that Nature offers you, for thereby you achieve harmony, health, and energy, and through them, the complete fulfillment of the laws of life. (210, 22)

Seek My presence in the works carried out by Me, and at every step you will find Me; try to hear Me, and you will hear Me in the potent voice that arises from all created, for I find no difficulty in manifesting Myself through the beings of Creation.

I manifest Myself in a star or in the fury of a storm, as much as in the sweet light of the dawn. I make My voice heard in the melodious song of a bird just as I express it in the aroma of flowers; and every expression of Mine, each phrase, each work, speaks to you of love, of the fulfillment of My laws of Justice and Wisdom, and of the eternity of the spirit. (170, 64)

All My works have been written by Me in a book entitled: "Life." The number of pages is uncountable, its wisdom is infinite, and other than by God, who is the author, it may not be obtained by anyone. But there, on every page, is written a limited summary in which the Father has delineated every one of his works, in order to place it within reach of every understanding.

You too, are writing the book of your life, in which are written all of your works and each one of your steps on the long road of evolution. That book will be written in your conscience, and it will be the light of knowledge and experience with which tomorrow you will illuminate the paths of your younger brothers. (253, 6-7)

I have explained that the Being whom you refer to as the Father refers to the absolute power of God, the Universal Creator, the only Being who has always existed. The Being whom you refer to as the Son, is Christ, who manifests the Fathers perfect

## Chapter 2

love for his children; and the Being whom you refer to as the Holy Spirit represents the wisdom as spiritual enlightenment of God that man is receiving during this Third Era, when the spirit of man has the ability to comprehend My revelations much better.

That light from the Holy Spirit, which is God's wisdom, will reign soon over this Third Era. It will illuminate the understanding of man who is in great need of spirituality and who hungers for love and thirsts for the truth. (293, 20-21)

Law, love, and wisdom; these are the three aspects that I have shown to men so that they may have full confidence in the road of their evolution and a complete knowledge of their Creator. These three aspects are distinct from each other, but all proceed from a single principle and in their conjunction are absolute perfection. (165, 56)

Therefore, why do you strive to find three gods where only one Divine Spirit exists, which is mine? (32, 24)

Disciples: from Me have sprung the three natures: the Divine, the spiritual, and the material. As Creator and owner of all created, I can speak to you in Divine yet comprehensible way. If material nature was born of Me, I may also materialize My voice and My word to make Myself understandable by men. (161, 35)

Feel Me very close to you, evidence of that I have given you during the difficult moments of your life. I have wanted you to make your heart My dwelling place so that you may feel My presence there.

Why is it that you are not able to feel My presence when I am within you? Some seek Me in Nature, others only feel Me beyond the material, but truly I say to you, I am in everything and everywhere. Why do you always seek Me out – side of you when I am also within your being? (1, 47-48)

Even if there were no religions in the world, still it would be enough to concentrate on the depths of your being to find My presence in your inner temple. (131, 31)

The concept that humanity has of Me is infantile, because they do not know how to penetrate the revelations that I have ceaselessly given them. For He who knows how to prepare, I am visible and tangible, and present everywhere; in contrast, for He who does not possess sensibility because materialism has hardened him, He barely understands that I exist, and feels Me to be immensely distant, and impossible to be felt or seen in any form.

It is necessary that man knows that He bears Me within himself, that in his spirit and in the light of his conscience He has the presence of the Divine. (83, 50-51)

The pain that weighs down the men of this Era is leading them step by step, without realizing it, to the doors of the inner sanctuary, before which, unable to go further, they will ask: "Lord, where are you?" And from the interior of the temple the sweet voice of the Master will answer, "Here I am, where I have always dwelled, in your conscience." (104, 50)

Who does good, feels My presence within them, just as does He who is humble, or who sees his brother in every one of his fellow men. (148, 45)

I do not have a specific or a limited place to dwell in the heavens, for I am present everywhere. I am present in all Divine, spiritual, and material sites. You cannot point to the direction of My Kingdom. When you look up to the sky, pointing towards the heavens, do so only symbolically, for your planet turns without ceasing, and in each movement it presents you new skies and new heights.

## Chapter 2

Thus I say to you that there is no distance between us. The only things that separate you from Me are the bad and impure deeds which you place between your spirit and My perfect law.

The greater your purity, the more elevated will be your deeds. The more constant your faith, the closer, more intimate, and more accessible to your prayers you will feel Me.

In that same manner, when you separate yourselves from that which is good, just, and righteous, and continue to live a life filled with materialism and selfishness, you will inevitably feel Me more and more distant from you. The more you separate yourself from obeying My law, the less you will be able to feel My Divine presence. (37, 27-30)

While the human creatures argue about My Divinity, My existence, and My Doctrine, there are worlds where I am loved perfectly.

At a moment when some [worlds] have reached the greatest spiritual cleanliness, your planet, morally and spiritually, lives in a time of great perversity. (217, 65-66)

I am the Divine Father who works to bring harmony to all of his children on earth and those who dwell in other worlds. (286, 2)

Many times you have asked Me what lies beyond this world, and whether those heavenly bodies that spin through space are worlds like yours.

My answer to your curiosity has not completely dispelled the veil of Mystery because you do not yet have the degree of evolution necessary to understand, nor the spirituality indispensable to harmonize with other worlds.

You have not yet managed to know or understand the teachings that the planet you live on offers you, and already you seek other worlds. You have not been able to act as brothers

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among yourselves, the inhabitants of a single world, and you wish to discover the existence of beings in other dwellings.

To the generations of tomorrow it shall be given to behold open the gates that lead to other worlds, and they shall have reason to marvel before the Father.

What will become of you, vain men, diminished by your materialism, if before ridding yourselves of your human defects, you were allowed to come to other worlds? What seeds would you sow? Discord, insane ambition, and vanity.

When the life of men has reflections of spirituality, I tell you they shall not even have to make an effort to look beyond their world, for at the same time they will be sought out by those who inhabit the higher dwelling places. (292; 3-4, 8, 11)

## Chapter 3

### Divine Teachings throughout all the Time

You are greatly mistaken if you believe that I waited until now to inform you of the spiritual life. Once again, I say to you that My Divine teaching began when the first human was born. It is not an exaggeration when I tell you that My lessons began with the formation of the spirits before the world was created. (289, 18)

When humanity believed that only what it could see with its eyes existed, and did not know even the shape of the world it lived in, it conceived of a God limited to what its eyes could see.

But, as humanity's mind discovered Mystery after Mystery, the Universe kept expanding before their eyes, and the greatness and omnipotence of God continued to grow before the marveling intelligence of man.

For that reason, in this time I have had to bring you a teaching in accordance with your evolution.

But, I ask you, is it material science that My revelation encompasses? No, the science that I teach you speaks of an existence beyond the Nature you have seen and examined for so long. My revelation uncovers the road that raises the spirit to a dwelling place from where it can discover, know, and understand all.

Does it seem impossible, or at least strange to you, that God communicates spiritually with men, or that the Spiritual World communicates with, and manifests itself in your lives, and that the unknown worlds and dwelling places communicate with you? Would you want your level knowledge to remain stagnant and for

the Father to never reveal anything more than He already has? (275, 64-66)

Many are waiting for My return, yet not all perceive My true spiritual presence during this era. Some, because of their old belief, think I will return as a man. Others believe that I will return in a manner visible to the material eye. Only a few are aware of the true nature of My return, which is spiritual. (279, 42)

When this message comes to all the hearts [of men], to some it will be a joyful present, for it will confirm all their presentiments and their faith; in contrast, others will deny the truth of My message upon not finding it in agreement with what they thought it would be, and not manifested in the form they expected. (279, 44)

I do not come to create a new religion among you; this Doctrine does not come to deny the existing religions, when they are based on My truth. This is a message of Divine love for all, a call for all institutions. He, who understands the Divine purpose and complies with My precepts, will feel guided toward the progress and elevation of his spirit. (23, 13)

This word carries the message of spirituality that opens the eyes of men, so that they look directly at the reality they think they find only in what they see, in what they touch, or in what they can prove with their human science, without realizing that they are naming “reality” that which is transitory, and are missing or denying the “eternal” where true reality exists. (322, 45)

If in that time false interpretations of the Divine Mandates were made, in this time too My Doctrine has been falsified, and it was necessary that the Master come again to help you to leave your errors, since on your own, very few are they who manage to free themselves of confusions.

Certainly, from that time I have promised that I would return; but also I said to you that I did so because I knew that a day

would arrive when humanity, believing itself to live within the path of My teachings, would walk far from them, and this is the time that I proclaimed for My coming. (264, 35-36)

Over time those scriptures left by My disciples have been altered by men, and for that reason are there divisions between the religions. But I have come to clarify all My teachings to unify humanity in one single light, and one single will. (361, 29)

I come to establish a kingdom in the heart of humanity, not a material kingdom as many expect, but a spiritual one whose strength comes from love and justice, and not from the powers of the world. (279, 63)

I already foretold to you that the struggle would be intense, for each believes his own religion to be perfect, and his compliance with it to be perfect, yet, I tell you that if that were true I would not have had any reason to come speak to you in this time. (279, 72)

I will not even say to you that this Doctrine of Spirituality will be a worldwide religion, because I never granted you a religion, but a Law; I limit Myself to telling you that the Law that will triumph on earth, and which will be established in it to illuminate the existence of men, will be the Law of love which I have explained in My Doctrine so that you understand it fully. (12, 63)

Your planet is not yet a dwelling of love, peace, or virtue. I send clean spirits to your world, and you return them to Me impure, because the lives of men are saturated with sin and depravity.

I behold the virtues like tiny lights isolated among the spirits, battered by the winds of selfishness, resentments, and hatred; these are the fruits offered Me by mankind. (318, 33-34)

The world needs My word; the peoples and nations need My lessons of love; the leader, the scientist, the judge, He who guides spirits, He who teaches all of them need the light of My truth, and

that is exactly why I came in this Era, to illuminate the spirits, the hearts, and the understanding of men.(274, 14)

This is the period in which My Spirit is constantly speaking to man's conscience, as well as to his Spirit, his heart, and to his reason. My voice reaches man through his trials and many are awakening as a result of those trials, since those who are supposed to be guiding and teaching humanity are asleep and would prefer for humanity to remain dormant forever. (306, 63)

My word comes to stop some, to guide others, and to strengthen all with the truth, and save them from the abyss. (283, 41)

My Word is poured forth in many forms; by means of the conscience, by trials that speak of Me, by the elements, or by My spiritual children. My Word is universal. All who prepare shall hear My voice. (264, 48)

The Divine word is destined to illuminate the understanding and sensitize the heart of man, and the essence that exists in that word is destined to sustain and elevate the spirit.

For the life of man to be complete, He unquestionably needs spiritual bread, just as He works and struggles for material sustenance.

Materialists may say that humanity is living solely from what the earth and Nature offer, without need to go looking for something spiritual that sustains it or that strengthens it along its journey; but I must tell you, that life is neither perfect nor complete, for it is an existence that lacks what is essential, which is spirituality. (326; 59-60, 62)

Understand that My Word does not come to fill your minds with vain philosophies, it is the essence of life. I am not a [mere] wealthy man coming to offer you earthly riches. I am the One and Only God, who comes to promise you The Kingdom of True Life. I am the humble God who comes to his children without

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ostentation, to raise them up with His caresses and with His miraculous Word through the road of restitution. (85, 55)

Observe that I have not come as a king, I bring neither scepter nor crown; I am among you an example of humility, and more, as your servant. (111, 46)

Feel in your hearts the joy of being loved by your Father, who has never come to humiliate you with His greatness, but rather to manifest it in His perfect humility, to make you great, bringing you to live the true life in His Kingdom, which has neither beginning nor end. (101, 63)

On the Ladder of Perfection there are many steps, in the spiritual vale and in the limitless space there are many worlds; and truly I tell you: I have always communicated with all of them, and My manifestation among them has always been according to the world they were in and their place on the spiritual ladder. (219, 34)

How ignorant of the spiritual teachings I find this humanity, and it is because it has been taught that My Law and My Doctrine are only a morality that will be of use as an aid, and not as the path that will guide its spirit toward the perfect mansion.

The different religions have come sowing a false fear toward spiritual knowledge within the heart of man, which has caused them to flee from My revelations and to be submerged in the confusion of their ignorance, arguing that the spiritual life is a profound Mystery.

Those who affirm this are lying. All the revelations that God made to men since the beginning of mankind, speak of the spiritual existence. It is true that I had not revealed all My teaching to you, because you were not capable of knowing it all, until the time arrived. But what the Father has revealed up to now is enough for you to have a complete knowledge of the spiritual life. (25, 38-40)

### Chapter 3

The spiritual life that is yearned for by many is feared, denied and even mocked by others; but impassive, it awaits everyone. It is a bosom that shields you, arms that embrace you, the homeland of the spirit; it is a profound Mystery even for the wise, but in My Arcanum you can enter, as long as the key that you use to open the door is that of love. (80, 40)

Truly I tell you, that those thirsting for truth and light will not find the fountain whose waters calm their thirst in the world. It shall be I who pours forth from the heavens those waters of wisdom that the spirits yearn to drink. I shall spill My fountain of truth over every spirit, and over every mind so that the Mysteries are destroyed, for I tell you once again, that it is not I who have Mysteries for men, but you who create them. (315, 71)

You call everything you do not know or that you see wrapped in Mystery, supernatural, but when your spirit earns its elevation by merit, and beholds that which it could not see before, it will find that everything in creation is natural. (198, 11)

Many men have accepted the idea that all the tears of this world have been caused by the sins of its first inhabitants, and in their clumsiness in interpreting the parable have come to say, that Christ came to wash away the stain with his blood. If this affirmation were true, why, in spite of that already consummated sacrifice, would men continue to sin and to suffer?

Jesus came to earth to teach men the road to perfection, a road He pointed out with his life, his words, and his deeds. (150, 43-44)

The blood of Jesus represents Divine love because it bore no stain; in the Master there was never any sin, and of his blood He gave even the last drop to make you comprehend that God is everything for his creatures, that for them He gives himself completely, because He loves them infinitely.

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I tell you once again, that in Me all humanity will be saved. That blood shed at Calvary is life for the spirit, but it is not in the blood itself, which fell to the dust of the earth, but rather the Divine love that is represented by it. Now, when I speak to you of My blood, you know what meaning it holds.

I have told you: I am the source of life, come and wash your stains so that you may walk free and safe to your Father and Creator.

My fountain is that of love, it is inexhaustible and infinite; of that speaks My blood shed in that time; it signed My Word and sealed My Doctrine. (158; 25, 23, 32-33)

Now, many centuries distant from those events, I tell you that in spite of Jesus having spilled his blood for all humanity, only those who have followed the path that Jesus came to show you have achieved salvation, while those who have persisted in their ignorance and fanaticism, their errors, or their sin, are not yet saved.(168, 16)

I am the Word of Love that comes to comfort those who suffer, the troubled, they who weep, the sinner, and He or she who has sought for Me. And My Word in those hearts is the river where they calm their thirst and cleanse their impurities, is also the way that leads to the eternal dwelling of rest and peace. (229, 3)

My word is the voice that encourages, it is the cry of freedom, and the anchor of salvation. (281, 15)

My Doctrine develops man in all his aspects; it sensitizes and ennobles his heart, awakens and deepens his mind, and perfects and elevates his spirit. (176, 25)

My doctrine is essentially spiritual, it is light and strength that descends and penetrates your spirit to make it victorious in its combat against evil. My Word is not merely for the amusement of the ear; it is the light of the spirit.

Do you wish to hear Me with the spirit, so that it is the spirit who is sustained and takes advantage of the essence of this teaching? Clean your heart, clear your mind, and let your conscience be your guide. You will see then how in your being, there will begin to be a transformation, not only spiritual, but also moral, and of the body. That elevation that the spirit gains with knowledge, that cleanliness that it reaches, is reflected in the sentiments of the heart and the health of the body. (284, 21-22)

This light signifies for your spirit the path towards its freedom! This Doctrine comes to offer it the means to elevate itself above the human existence and to be the guide for all its works and lord over its feelings rather than a slave of lower passions or a victim of weaknesses and miseries. (78, 15)

In that Era I told you, "I am the light of the world," for I spoke as a man and because men did not know of anything beyond their small world. Now, in the Spirit I tell you: I am the universal light, that which illuminates the life of all worlds, heavens, and dwellings, that illuminates and gives light to all beings and creatures. (308, 4)

Many religions exist on this earth, but none of them will unite men nor make them love one another. It will be My spiritual Doctrine that performs this work. In vain will the world oppose the advance of this light. (243, 30)

Do you know the origin of that light that exists in the Word flowing from the lips of the spokesmen? Its origin is in what is good, in Divine love, in the universal light that emanates from God. It is a ray or flash of light from that luminous All which gives us life. It is part of the infinite force that moves all, and under which all vibrates, palpitates, and turns without ceasing. It is that which you call Divine irradiation. It is the Divine love that illuminates and gives life to the spirits.

That radiation manifests itself equally over the spiritual as the material, equally over worlds and men, and over the plants

and all the beings of Creation. It is spiritual for the spirit, and material to matter; it is intelligence for understanding, and it is love to the hearts. It is science, it is talent, and it is reflection; it is instinct and intuition, and it is over the senses of all beings, according to their order, their condition, their species, and their degree of advancement. But its origin is one only: God; and its essence is one only: love. How could it then be impossible for Me to illuminate the mind of these creatures to send you a message of spiritual light? (329, 42-43)

The world will tremble when My word is heard in the nations, for the spirit of humanity that is prepared for this revelation will vibrate with pleasure and at the same time fear; then let he, who wishes to know the truth, free himself of the slavery of his materialistic ideas and recreate himself before the luminous horizons that will be presented to his sight. But let those who persist in obfuscation and the struggle against the light remain free to do so. (249, 47)

Today I come to you with a teaching that might seem impossible for the world to practice; but once it is understood it is the easiest to fulfill. I come to teach you the worship of the love of God through your life, your deeds and the spiritual prayer, which is not pronounced by the lips at a predetermined place, nor is it in need of forms or images to be inspired. (72, 21)

Understand why I have come at this time to manifest My word in this form and to prepare you for the communication of spirit to Spirit. (37, 31)

When I speak to you as Father, it is the book of the law that opens before you; when I speak to you as the Master, it is the book of love I show to My disciples; when I speak as the Holy Spirit, it is the book of wisdom that illuminates with its teachings, forming one single doctrine, for it comes from one single God. (141, 19)

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Let this message go from nation to nation, from house to house, leaving its seed of light, comfort, and of peace, so that men stop some moments and concede to their spirits a truce, which is indispensable to contemplate and remember that any instant may be that of his return to the spiritual valley, and that from his works and from what He has sewn in the world, depends the fruit that He shall harvest upon his entry into spiritual life. (322, 46)

## Chapter 4

### Man, Know Yourself

Before your creation you were in Me; later, as a spiritual creature, from a place where all vibrates in perfect harmony, where the essence of life and the source of the true light are found, I come to give you sustenance.

Pain was not created by the Father. In the times of which I speak, you had no reason to whimper and had nothing to lament, you felt the glory in yourselves, for in your perfect life, you were the symbol of that existence.

But when you left that dwelling I gave vestment to the spirit, and you descended further and further. Since then, your spirit has been evolving little by little, until arriving to the plane it now occupies, where the light of the Father shines.(115, 4-5)

Those first men, they who were the Fathers of humanity, preserved for a time the impression that their spirits brought from the spiritual valley, an impression of blessedness, peace, and delight that remained in them until the rise in their lives of the passions of the material form and the struggle to subsist.

The materialist minds of men, confusing the true meaning of that testimony, came to believe that the paradise in which the first men lived, was an earthly paradise, not understanding that it was the spiritual state of those creatures. (287, 12-13)

You know that you were created in My image and likeness, and when you say it, you think of your human form. I say to you that your likeness to God is not physical but spiritual. In order to liken yourself to me you must perfect yourself by practicing deeds of virtue. (31, 51)

At times the image of Me that you carry within, you manage to stain and profane with disobedience and sin. In that you are not like Me, for it is not enough to have a human body and a spirit to be the image of the Creator; your true resemblance to Me is in your light and your love for all your fellow men. (225, 24)

Listen: God, the Supreme Being, created you “in His image and likeness,” not in the material form that you have, but in the virtue with which your spirit is endowed, similar to those of the Father.

How pleasing it has been to your vanity to believe yourselves the image of your Creator. You believe yourselves to be the most evolved creatures created by God and you are in grave error to assume that the Universe was created only for you. With how much ignorance you call yourselves the kings of creation!

The purpose contained in all this, which as men you would be unable to understand even if you wished to, are great and perfect, as are all the designs of the Father. Yet, truly I say, you are neither the greatest nor the smallest of the creatures of the Father. (17; 24-25, 27)

It has been long since you were with Me, and long since you knew what you really are, because you have allowed many attributes, powers, and gifts deposited in you by your Creator to remain sleeping within your being. You are asleep to the spirit and the conscience, and it is precisely in those spiritual attributes that the true greatness of man resides. You imitate the beings of this world because here they are born, and here they die. (85, 57)

Above the instincts and inclinations of the flesh, there rises a light that is your spirit, and above that light, a guide, a book, and a judge, which is the conscience. (86, 68)

Humanity, in its materialism, asks Me: “Can it be true that the Kingdom of the Spirit exists?” and I answer: Oh, unbelievers, you are the Thomases of the Third Era. To feel pity, compassion,

tenderness, kindness, or nobility are not attributes of the material, nor are the graces and gifts that you carry hidden within you. All those sentiments that you bear engraved in your hearts and minds, all those powers, are from the spirit, and you must not deny it. The flesh is a limited instrument, but the spirit is not. It is great because it is an atom of God.

Seek the mansion of the spirit in the depths of your being, and the great wisdom in the greatness of love. (147, 21-22)

The spark that makes man similar to his Creator shall come ever closer to the infinite flame from which it sprang, and that flash of light shall be a luminous, conscientious being vibrant with love, full of wisdom and strength. That being shall enjoy the state of perfection in which there is not even the smallest pain or most minor misery, but perfect and true happiness. (277, 48)

That spark of light that exists in each human is the tie that unites man to the spiritual; it is that which puts him in contact with the beyond and with his Father. (201, 40)

When men come to enter into communion with their spirits, and instead of looking for it outwardly, seek it within themselves, they can hear that gentle, persuasive, wise, and just voice that has always been vibrating within them without being heard, and they come to understand that the conscience is the presence of God, and that it is the true means by which men should communicate with their Father and Creator. (287, 30)

Truly I tell you, the purest and most elevated expression of the spirit is the conscience: the Divine interior light that makes it the first, the greatest, and the most noble of all the creatures that surround it. (170, 60)

The body could live without a spirit, animated only by the material life, but it would not be a human. It could possess a spirit

and be lacking in conscience, but it could not be guided by itself, nor would it be the superior being who by means of the conscience, knows the Law, distinguishes good from evil and receives every Divine revelation. (59, 56)

Let it be the conscience that illuminates the spirit and the spirit, which guides the flesh. (71, 9)

It is right that it is the spirit which reveals wisdom to the human mind, and not the mind that gives light to the spirit. (295, 48)

That is the purpose of the Law and the Teachings: to inspire you in the learning of My truth so that you may be worthy children of the Divine Father who is the sum of perfection. (267, 53)

In man there are two forces which are always in struggle: his human nature, which is temporary, and his spiritual nature which is eternal.

That eternal being is well aware that very long periods of time will pass for him to be able to reach his spiritual perfection; He anticipates that He will have many existences and that in them He will go through many ordeals before gaining his true happiness. The spirit foresees that after his tears, pain and passing many times through bodily death, He will reach the summit which He has always sought in his longing for perfection. (18, 24)

Long is the pilgrimage of the spirit, extensive his path, many and quite variable his existences, and his ordeals different at every moment, but while He complies with them, He elevates, purifies and perfects himself. (18, 27)

Vanity, a weakness which has been manifested since the first man, will be combated through spirituality. It is the struggle that has always existed between the spiritual and the material, for while the spirit tends toward the eternal and elevated in search of

the essence of the Father, the material looks only for what satisfies and flatters it, even when this is to the disadvantage of the spirit. (230, 64)

Spirit and matter are two distinct natures, from which your being is formed and above both is the conscience. The first is the daughter of the light, the second proceeds from the earth, it is material. Both are in unity within one being, and they struggle between themselves guided by the conscience, in which you have the presence of God. This struggle up to now has been constant but in the end, spirit and matter will fulfill in harmony the mission that My Law indicates to each one. (21, 40)

I have granted you the gift of freedom of will, and I have endowed you with a conscience. The first is for your freedom to develop within My laws, and the second to be able to distinguish good from evil, so that it will tell you like a perfect judge whether you are complying or are at fault with My Law.

The conscience is light of My Divine Spirit which never leaves from you at any moment. (22, 8-9)

Why does sin exist and evil dominate, and why do wars break out? Because man does not listen to the dictates of his conscience and badly uses his free will. (46, 64)

What would become of the spirit deprived of its freedom of will? In the first place it would not be a spirit and therefore it would not be a creation, worthy of the Supreme Being; it would be something like those machines that you create; something without life of its own, without intelligence, without will, without aspirations. (20, 37)

Over the Divine gift of your free will, I put a beacon to illuminate the path of your life: the conscience. (92, 33)

The spirit possesses the gift of free will, through which it must earn merit in order to save itself.

## Chapter 4

Who guides, orients, or counsels the spirit during its free wandering, so that it can distinguish right from wrong and thereby not be lost? The conscience. (287, 26-27)

Be intimate with your conscience, it is the voice of a friend through which the Lord shines his light, now as Father, now as Master, and now as Judge. (293, 74)

Listen, O disciples: Man has as his spiritual gifts freedom of will and a conscience. Everyone, at birth, has been endowed with virtues and can make use of them. In his spirit is the light of his conscience; but at the same time that the flesh develops, with it passions unfold: the bad inclinations, these being the ones that battle against those virtues.

But do not be confused, for when I speak of conflict, I refer to that which you develop in order to master your weaknesses and passions. Those battles are the only ones which I allow in men so that they will dominate their egotism and their materialism, in order for the spirit to take its rightful place illuminated by its conscience.

That inner battle I do authorize, but not the one which men use with the desire of exalting themselves, blinded by ambition and wickedness. (9, 42-44)

The spirit fights to achieve its elevation and progress while the material form gives in at every step to the attractions of the world; yet the spirit and the material can be harmonized, giving to each what legitimately pertains to it, that is what My Doctrine teaches.(148, 53)

I do not wish any more restitution or pain for you. I wish for the spirits of all My children to come with their light to illuminate My Kingdom like the stars that lend beauty to the firmament and bring gladness to the heart of your Father. (171, 67)

Since for some time there has been hostility between them, My word shall come to reconcile the spirit with the material, so that you may know that the body you have considered an obstacle

and a temptation to the passage of the spirit can be the greatest instrument of your fulfillment on earth. (138, 51)

I do not tell you to purify only your spirits, but also to strengthen your physical body so that the new generations which come from you might be healthy, and their spirits will be able to fulfill their delicate missions. (51, 59)

The body is the support in which the spirit rests while it inhabits the earth. Why let it become a chain that limits or imprisons you? Why allow it to be the guiding force of your life? Is it right for the blind to guide one who has sight in his eyes? (126, 16)

From the beginning of time, a struggle has existed between the spiritual and the material in trying to comprehend what is just, and what is right and good, in order to create a life in conformity with the Law presented by God. (271, 50)

All destinies are different although they lead you toward the same goal. To some are reserved some ordeals and to others different ones. One child travels one path, and another will follow a different course. Neither have all of you emerged to this existence at the same instant, nor will you return at the same moment. Some travel ahead, and others behind, but the goal awaits everyone. No one knows who is near nor who is distant, because you are still small to have this knowledge; you are human and your vanity would lead you astray. (10, 78)

It is because the spirit is not born at the same time as the shell, nor did the beginning of humanity coincide with that of the spirit. Truly I tell you, not a single spirit has ever come to this world without having existed first in the Beyond. And who among you can measure or know the time that He has lived in other mansions before coming to dwell on the earth? (156, 32)

Since I have made everything on earth for the enjoyment of men, use it always for your benefit; do not forget that within you is a voice that tells you the limits within which you can take what nature offers you, and that inner voice must be obeyed.

Just as you seek a home, shelter, sustenance, and satisfactions to make the existence of your body more agreeable, so too you must concede to the spirit that which is necessary for its progress and well-being. (125, 30)

The spirit wishes to live, it seeks its immortality, it wishes to cleanse and purify itself, it hungers for knowledge and thirsts for love. Allow it to think, feel, and work. Allow it to take a part of your time to manifest itself and enjoy its freedom.

After this life, of all you are in the world only your spirit will remain. Allow it to gather and hoard virtues and merits so that at the hour of its liberation it is not like a beggar before the gates of the Promised Land. (111, 74-75)

The destiny of each person, with his or her spiritual mission and human mission, is drawn. Both must harmonize and tend toward a single end. In truth I tell you that I shall take into account your spiritual works, but also your material ones, for in them I shall find merit to help your spirit arrive to Me. (171, 23)

The world offers you crowns that only speak of vanity, of arrogance, and of false greatness. To the spirit that knows how to disregard those vanities, another crown is reserved in the hereafter, that of My wisdom. (53, 11)

The final destination of every spirit is to unite with God after it becomes purified and attains perfection. That is why I fill your path with enlightenment and give strength to your spirit, so that you may ascend step by step. The mansion that you will inhabit in the spiritual valley will be determined by your level of spiritual elevation when you depart from earth, because the universe was created as a school of perfection for the spirit. (195, 38)

It is the conscience which elevates the spirit toward a superior life above the flesh and its passions. Spirituality will enable you to feel the great love of God, when you succeed in practicing it; then you will understand the importance of life, you will contemplate its beauty and will find its wisdom. Then, you will surely understand why I have called it LIFE. (11, 45)

Be aware that the natural state of the human being, is that of kindness, peace of the spirit and harmony with all that surrounds him. He who maintains himself in the practice of these virtues throughout his lifetime, is following the true path that will lead him toward an understanding of God. (20, 20)

When your spirit no longer needs the lessons that this life gives, because other more elevated lessons await it in another world, then, with the light acquired in this struggle, it will say: "How clearly I understand now that all the vicissitudes of this life were only experiences and lessons that I needed in order to understand better. How long this journey appeared to me in the moments when suffering drained My strength; but now, in contrast, when all is in the past, how brief and fleeting it appears before eternity." (230, 47)

I do have hope for men. I do believe in their salvation, in their becoming worthy, and in their elevation; for when I created them I destined them to reign on earth, making of it a dwelling of love and peace; as well as that their spirits be forged in the struggle to come, by merit, to dwell in the light of the Kingdom of Perfection, which belongs to them by eternal inheritance. (326, 46)

## Chapter 5

### Wrong Concepts of the Evil

The religions recognize the power of the evil, and have personified it in human form; they have given it various names, and attribute to it a powerful kingdom. Men feel fear when they believe it near, not knowing that the temptation lies in [their own] passions and weaknesses, nor that inside men both good and evil are active.

Evil predominates in the world in this time, and has created a strength, a power, that is manifest in all. In the spiritual too, there are legions of imperfect and troubled spirits inclined to evil and vengeance, whose strength is joined to human evil to create the kingdom of evil. (182, 42)

How erroneously the existence of the prince of darkness has been interpreted! How many have come to believe more in his power than in mine? And how far from truth men travel in this belief.

Evil exists; from it all vices and sins have derived. The sinners, or rather, those who practice evil, have always existed on earth just as in other worlds or dwelling places. Yet, why personify all existing evil in one being, and why do you have him confront the Divinity? I ask you, what is an impure being compared to My absolute and infinite power, and what does your sin mean to My perfection?

Sin was not born in the world; upon springing from God some of the spirits remained on the side of good, while others, deviating from that road, created another, that of evil. (114, 55-57)

Demons cannot spring from God; they were forged by your mind. The concept you have of that being which you place as My adversary at every step, is false.

I have taught you to keep vigil and pray to free yourself from evil temptations and influences, which can come from human beings just as from spiritual ones.

If you have imagined the spirits of the darkness as monsters, I see them only as imperfect creatures to whom I offer My hand to rescue them, for they too are My children. (114; 59-60, 62)

Evil has grown among men, My people. Kindness, virtue, and love have been weak faced with the invasion of evil, illness, plagues, pests, and calamities. All that is the foundation of the perverse has contaminated the hearts of the good; it has weakened some, and decimated the ranks of the faithful, for evil has brought great strength to bear on humanity. (345, 11)

In this time when even the air, the soil, and the water are poisoned by the evils of men, how few there are who are not contaminated by evil or darkness! (144, 44)

I warn you that you are reaching the limit that My justice permits of your free will, you are greatly provoking Nature. And since you are like children who feel themselves superior, this word comes as a warning of the danger in which you find yourselves. (17, 60)

I also say to you that nature can be to men what they wish it to be: a mother endowed with blessings, with caresses and nourishment, or an arid desert where hunger and thirst reign. It can be either a teacher of wise and infinite revelations about life, goodness, love, and eternity, or an unyielding judge in the face of profanation, disobedience, and the errors of men. (40, 27)

Do you see the unbalancing of the elements of Nature and the twisting they have suffered? Do you realize how you are

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touched by the unleashed forces? It is because you have broken the harmony that exists between the spiritual and material lives, provoking thereby the chaos into which you are sinking; but when humanity is obedient to the laws that govern life, all will return to peace, abundance, and happiness. (108, 56)

My Doctrine does not come to prohibit that you use the elements and forces of nature, but comes to regulate and teach you to employ them for worthy ends. (210, 44)

Now, while man believes himself to be at the peak of wisdom, He does not know that He is in the abyss. (40, 67)

Faced with such confusion and so much straying, My Doctrine will appear absurd to the men of this time; yet, I tell you, it is exactly the teaching that is needed so that men free themselves from the lethargy in which they find themselves. (157, 16)

Upon forming you the Father placed you on the first step of the ladder so that as you traveled that road you would have the opportunity to truly know and understand your Creator. Yet, few began the journey of ascent from the first step. Most gathered in disobedience and rebellion, making poor use of the gift of freedom and ignoring the dictates of the conscience; allowed themselves to be dominated by the material in order to create through their vibrations a force, that of evil, and to dig an abyss toward which their influence dragged their brothers; they began a desperate battle between their weaknesses and perversities, and their yearning for elevation and purity. (35, 38)

From altar to altar, from rite to rite, from sect to sect, men go in search of the Bread of Life, without finding it, and faced with disappointment they become blasphemers who walk aimless roads and live without God and without law.

And think, people, among them are the great spirits, for among them I discover the prophets and the disciples of the Holy Spirit. (217, 49)

Behold mankind occupied in destroying and hating one another, in snatching the power from each other without holding back on crime, theft or treachery. There you have men who succumb by the millions, victims of their fellowmen and others who perish from the effect of vice. Is there light in all that? Does the spirit within them speak out? What exists there is darkness and pain, resulting from the abuse of the gift of the freedom of will and from not listening to the inner voice, of not beholding the light of that spark of God that everyone carries within his being and which is the Divine light that you call conscience. (79, 31)

I have allowed that to happen thus due to the free will that I have given you, for behind all the perversity, and all the darkness and obfuscation of men, there is a Divine light, the conscience, which is not lost and never shall be. There is a principle, which is the spirit, that keeps immaculate the kiss the Father gave it, which is the Divine seal with which I sent all My children onto the path of the struggle, and due to that mark none of those spirits will be lost. (345, 12)

Man is bold to sin, and determined to deviate from the path of My Law; but I assure you that He is very much a coward when it concerns making restitution and settling his accounts. Nevertheless, I strengthen you amidst your cowardice, I protect you in your weakness, I awaken you from your lethargy, I dry your tears and I give you new opportunities so you may recuperate the lost light and find the forgotten path of My Law again. (17, 38)

Know Me, all of you, so that none may deny Me; know Me so that your concept of God is founded on truth, and so that you know that where good is manifested, there I am.

Good cannot be confused with anything. Good is truth, it is love, it is charity, it is understanding. Good is precise, exact, and determined. Know it, so that you do not err.

Each man may go by a different road; but if all of them meet at one point, which is the good, they will come to identify with each other and unite.

It is not thus when they try to deceive themselves, putting a mask of evil over the good, and disguising the good as evil, as happens among men in this time. (329, 45-47)

If you ask me which were the weapons with which I endowed humanity to fight against the forces or influences of evil, I will tell you that they were prayer, perseverance in the law, faith in My word, and love for one another. (40, 70)

Make of humility one of your best allies for reaching elevation, for the gates of Heaven, which is the kingdom of the conscience, are completely closed to the arrogant. They have never passed those gates, and never will be able to, but when the arrogant become humble, I shall be the first to praise them, and it shall be My charity that opens to them the gates of eternity. (89, 45)

Disciples, when a man has true understanding of the works He has performed, He does not allow himself to be blinded by vanity. He knows that if that ignoble sentiment enters his being, his intelligence will be clouded and He will not be able to advance on the path; He will become stagnant and succumb to lethargy.

Vanity has caused many men to be lost, toppled many flourishing peoples, and brought down your cultures.

While those peoples held work, struggle, and progress as their ideals, they knew abundance, splendor, and well-being, but

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when pride led them to feel superior, when their ideal of elevation was exchanged for the insatiable ambition to have everything for themselves, and without wishing to, and without realizing it, they began the step by step destruction of all they had built, ending by sinking into the abyss. (295, 18-20)

Men might fall far, fill themselves with darkness, or delay returning to Me, but to all will come a moment when feeling Me within their very being, they do not feel Me far, do not see Me as a stranger, and cannot deny My existence, My love, and My justice. (52, 30)

I tell you that while you cannot love, God will be something you cannot understand, for the magnanimity of your Creator is beyond your comprehension.

Make yourselves strong, great, and wise; learn to love; when you love you will not have the infantile tendency to analyze God, for you shall then look upon and feel Him, and that will satisfy you. (248, 31-32)

It is written that evil shall not prevail, which means that at the end of the times it shall be good which triumphs. (40, 69)

## Chapter 6

### Materialism, Ignorance, False Doctrines

Much time has had to expire for humanity to reach spiritual maturity. You have always fallen into two extremes: one has been materialism, by which you attempt to reach ever greater worldly pleasures; and that is truly prejudicial, because it deviates the spirit from its mission. However, you must also avoid the other extreme: the mortification of the flesh and the complete denial of all that pertains to this life, because I ordered you to this earth to live as men, as human beings, and I have shown you the straight path to follow so that you may live rendering unto Caesar that which belongs to Caesar, and to God that which is God's.

I created this world, with all its beauty and perfection for you, and I have given you the human body through which you must develop the gifts I have given you for reaching perfection.

The Father does not wish you to be deprived of all the good things that this world offers you, but you must not give preference to the material over the spiritual, for the body is passing, but the spirit belongs to eternity. (358, 7-9)

I do not tell you to depart from your material obligations or from the healthy pleasures of your hearts and senses. I only ask you to renounce that which poisons your spirits and makes your bodies ill. (33, 44)

The majority are caught in an inner debate between the two influences without deciding on either one, not giving in completely to materialism, but without making efforts to free themselves of it in order to spiritualize their lives: that is to say, to

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elevate themselves by means of good, by means of wisdom, and by spiritual strength.

Those who have completely given in to materialism, no longer worrying about the voice of their consciences and ignoring all things that refer to the spirit, no longer struggle; they have been defeated in the battle. They believe they have triumphed, believe they are free, and do not realize, that they have been taken prisoner, and that it shall be necessary for the legions of the light to enter the darkness to free them. (321, 61-62)

Since the first times I have seen men taking their lives because of greed, materialism and lust for power; they have always neglected their spirit, believing themselves only flesh, and when the time has come to leave their human form on earth, only what they did in their physical life remained, without gathering any glory for the spirit because they did not seek it; they did not think about it, nor were they concerned with the virtues of the spirit or its knowledge. They were satisfied in living without seeking the pathway which leads them to God. (11, 43)

A materialist loves only human life, but recognizing that it is fleeting, He tries to live it intensely.

When his plans or ambitions are not realized, or when pain in some form surprises him, He becomes desperate, blaspheming and cursing his fate, blaming it for his not receiving the returns to which He believes He has a right.

They are weak spirits in stubborn material forms; they are morally small beings who are tested in many ways to make them understand the true value of acts which, in their materialism, they attribute to acts of little merit.

Oh, how the materialists wish to modify their destinies! They would wish all to be done according to their ideas and their will. (258, 48-50)

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I have placed greatness in man, but not the one that He seeks on earth. The greatness that I speak of is sacrifice, love, humility and charity. Man continually flees from those virtues withdrawing from his true greatness and from the dignity that the Father has given him as His son.

You avoid humility because you believe it to signify smallness. You evade ordeals because misery frightens you, without realizing that they come only to liberate your spirit. You also avoid the spiritual because you believe that by delving deeper into that knowledge means wasting your time, not knowing that you despise a light superior to all human science. (80, 37-38)

Men may investigate many of the marvels of nature, but while they do not do it through the path of Divine love, they shall not come to the true wisdom enclosed in the immortal life of the spirit. (139, 70)

Learn to love Me. Behold how My love follows you everywhere, even though you continue to sin and offend Me, you can never separate or flee from it. Know that the greater your faults, the greater is My mercy for you. (297, 59)

You have governors in whose hearts there is found neither the justice nor the magnanimity necessary to govern their peoples, for they pursue the miserly ideal of power and riches; men who call themselves My representatives but who do not love their fellow men; doctors who do not know the essence of their mission, which is charity, and judges who confuse justice with vengeance, and who use the law to perverse ends.

And so you may find ministers of God, who are not, for they were not sent for that mission; men who lead peoples, but who are not capable of guiding even their own steps, teachers who have no gift for teaching, who instead of giving light, create confusion; and doctors in whose hearts there beats no pity for the pains of others, not understanding that He who truly bears this calling is an apostle of Christ.

There are also those who have taken on missions that are not theirs, and who by their errors give proof of an absolute lack of the gifts needed to fill the posts they have taken.(105; 16, 19, 18)

Behold this world: arrogant, defiant, and proud of the works of man that astonish the generations of this century. In their majority, they neither believe, nor love, the spiritual, and therefore neither pray nor practice My Law. Nonetheless, they feel satisfied and proud to be able to show off this portentous world of marvels they have created through the power of their science.

Soon you will know that you are nothing without God. That only from Me can you take the strength, life, and intelligence to create a harmonious coexistence between the spirit and the human part of man. (282; 9, 11)

No, humanity. As long as the spirit does not give evidence of maturity, elevation, of perfection, of advancement, and progress in the different orders of your life, you shall not move beyond presenting Me with merely human works, great only in appearance, but without moral substance or solidity, because they lack love. (325, 63)

The love of the world, the greed for the land, the desires of the flesh, the satisfaction of all the lower desires, the selfishness, the love of self, and the pride were the force with which you created a life according to your intelligence and your human will, and whose fruits I have allowed you to gather so that your experience would be absolute.

And yet, if this Era that now ends is noted in the history of mankind for its materialism, truly, I tell you, that the new time shall be distinguished by its spirituality, for in it will be the conscience and the will of the spirit that on the earth construct a world of beings elevated by love, a life in which the vibration of the Spirit of the Father is felt in the spirits of his children, because

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all the gifts and powers that today live hidden in your being, shall have a place to develop: infinity. (305, 42)

I tell you truly, that the day of those now powerful shall end, to give way to those who are great, strong, powerful, and wise through the love and charity they hold for their fellow men. (128, 50)

Those men who today feed only on ambitions of power and earthly greatness know that their most powerful enemy is spirituality. That is why they fight it, and when they anticipate the struggle that now grows close, that of the spirit against evil, they fear to lose their possessions and therefore resist the light that surprises them at every step in the form of inspirations. (321, 12)

How needy are those who arrive at My celestial door having been great and powerful on earth! For they had forgotten the spiritual gems and the road of eternal life. While the truth of My Kingdom is revealed to the humble, it is hidden from the wise and educated, for they would do with spiritual wisdom what they have done with material science, which is to seek, in that light, thrones for their vanity and weapons for their wars. (238, 68)

Behold those men who lead peoples, creating doctrines and imposing them on men, each preaching the superiority of his own doctrine. Yet, I ask, what has been the fruit of all of them: War, with its accompanying misery, suffering, death, and destruction. That has been the harvest that the apostles of such theories have gathered on earth. (106, 11)

Not all men are found at the same level of understanding: while some marvel at each step, others see everything as flawed; while some dream of peace as the height of spirituality and morality for the world, others proclaim that it is wars that cause men to evolve.

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About this, I tell you: War is not necessary for the evolution of the world. If men use war for ambitious and selfish ends, it is because of the materialism of those who promote those wars. Among them are those who believe only in the existence of this world, for they do not know, or they deny, the existence of the spiritual life, and yet are held as wise by Humanity; that is why it is necessary that this revelation be known by all. (227, 69-70)

It is time for love, forgiveness, and humility to appear in the heart of humanity as true weapons to oppose hatred and pride. If men, filled with pride and hatred, continue to clash with one another, villages and nations will be destroyed, and there will be no peace in the hearts of men. (39, 29)

When will you achieve the peace of the spirit if you have not yet achieved peace in your hearts? I tell you that while the last killing weapon has not been destroyed, there shall be no peace among men. Killing weapons are those with which men take lives, murder morality, deprive freedom, damage health, disturb peace, or destroy faith. (119, 53)

How is it possible that the people who call themselves Christians destroy each other through war and even pray before going to kill their brethren, asking Me to give them victory over their enemies? Is it possible that My seed can exist where instead of love hatred prevails, and instead of forgiveness, vengeance? (67, 28)

I propose peace to the world, but the arrogance of nations puffed – up in their false power and false splendor rejects the call of conscience, allowing them to be dragged about by their ambitions and their hatreds.

The men of power have forgotten that there exists an owner of all lives, and they take the lives of their fellows as though they were their property. The multitudes clamor for bread, justice, a home, and clothing. I shall do justice, not men, nor their doctrines. (151; 70, 72)

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It is already no longer the time when kingdoms should exist on earth or that strong peoples humiliate the weak; nonetheless, they exist as proof that in man the primitive tendency to take by force from the weak and conquer by means of violence still prevail. (271, 58)

How far men are from understanding the spiritual peace that shall reign in the world! They attempt to impose it through force and threats, which are the fruit of the science they boast of.

As I said in the second Era, I wish equality to reign among My peoples, but not as conceived of by materialized men. I inspire the equality of love, making you understand that all of you are brothers, the children of God. (246; 61, 63)

There is great inequality, for I see lords who lack only a crown to call themselves kings, and I see subjects who are truly slaves. That is where the struggle has been ignited. Among these wealthy lords in the world there are many who call themselves Christians, yet I tell you that they barely know My name.

Those who do not see their fellow man in others, who accumulate wealth and take that which belongs to others, are not Christians, for they do not know charity. (222, 44-45)

Poor peoples of earth, some enslaved, others humiliated, and the rest robbed by their own leaders and representatives!

Your hearts already do not love those who rule you on earth, for your trust has been betrayed. You no longer have confidence in the justice or magnanimity of your judges, and no longer believe in their promises, their words, nor their smiles. You have seen that hypocrisy has taken over their hearts and established on earth its reign of lies, falsehoods, and trickery.

I see you strike the bread from each others hands, that the ambitious cannot bear to see that others posses anything, for they

wish it all for themselves; I see the strong take the bread of the weak, and these settle for watching the strong eat and enjoy.

Yes, I know you will tell Me there have been many advances. I know you will speak of your civilization and your science. I tell you: All of these are the mask of hypocrisy, behind which you hide the truth of your sentiments and impulses, which are still primitive because you have not bothered even a little to develop your spirits in compliance with My Law.

I do not tell you not to explore science; on the contrary: explore, analyze, grow and multiply in knowledge and intelligence within material life, but have charity toward one another; respect the sacred rights of your fellow men, understand that there is no law that authorizes any man to dispose of the life of his brother; in summary, humanity, do something to apply My highest commandment: "Love one another" to your lives, so that you may finally be freed from that moral and spiritual morass into which you have sunk. When that veil of lies that has covered your faces falls, your light will pour out, sincerity will shine from you, and the truth shall be established in your lives; that is when you will be able to say you have progressed.

Strengthen yourselves in the practice of My teachings so that in the future your words may be always supported by deeds of true charity, wisdom, and brotherhood. (325; 10-11, 14, 18-20)

The apparent charity could provide you some satisfactions on earth that will arise from the admiration that you arouse and the adulation that you receive, but the apparent does not reach My kingdom, only what is true reaches there. Everyone will reach that place without being able to conceal the least blemish or impurity, because before appearing before God, you shall deprive yourselves of mantles, crowns, insignias, titles and all which pertains to the world, to present yourselves before the Supreme Judge as humble spirits who are to respond before the Creator about the mission entrusted to them. (75, 24)

Blessed are those who on approaching say to Me: “Master, I expect no reward for My deeds, it is enough that I exist knowing that I am your son so that My spirit will be filled with happiness.” (4, 81)

Do not foster any egotistical interests thinking only in your salvation and in your reward, because your disappointment will be very painful when you present yourselves in spirit, because you shall find that in reality you were unable to work for any reward. (75, 22)

The vain, the materialist, and the indolent cannot know truth if they do not destroy the walls within which they live. It is necessary that they dominate their passions and weaknesses to look directly at My light. (258, 47)

Materialism interposes itself as an immense obstacle in the road of the spirit’s evolution. Mankind has halted before that wall. (271, 37)

Today, instead of eliminating the misery that exists everywhere, man selfishly attempts to use it to his benefit.

He dedicates his time on earth to accumulating riches and seeking pleasures, believing that, once He dies, He will cease to exist.

Man, in his ignorant pride, instead of elevating and seeing himself as a child of God, descends to the level of an inferior being, and if his conscience speaks to him of Divinity and spiritual life, his fear of the justice of God overpowers him and He prefers to silence that inner voice, diverting his thoughts from those warnings.

He has not meditated on existence itself, nor in his spiritual and material condition. How can He cease to be dust and misery while He lives and thinks that way. (207, 18)

My Doctrine, which at every moment is the explanation of the Law, has come to you as the road of light, as the secure

opening for the spirit; nonetheless, men using the free will they were given, and wishing to choose a path for their lives, choose always the easy road of materialism; some of them refusing absolutely to hear the calls of their consciences, which lead always to the spiritual; while others who create cults and rites so they may believe themselves marching firmly on the spiritual path are, in truth, as egotistical as those who exclude My name and My word from their lives. (213, 51)

There is really little that the religions have revealed to humanity about the spirit, but soon they shall awaken from their lethargy, and blessed will be those who overcoming their scruples and fears, uncover for humanity the truth they have concealed. I will illuminate them with the light of My forgiveness, of My grace, and My wisdom. (109, 15)

Those who regarding themselves as interpreters of the Law of God will tell you that infernal suffering awaits your perversity and rebelliousness, and that only by demonstrating your repentance, mortifying and injuring your bodies and rendering to God material offerings, will He forgive you and guide you to His Kingdom; in truth I say that they are in confusion. (24, 46)

The religions, science, and the justice of men will try to impede the advance of what to them will be a strange and evil influence, but there will be no power that can stop the awakening and advancement of the spirit.

The day of liberation is near. (114, 7-8)

Those who say they know Me have represented Me poorly on earth, and that is why many have turned their backs on Me. (125, 22)

Blessed is He who seeks truth, because He is thirsty for love, light, and kindness. Seek, and you shall find; seek truth, and it

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shall come out to meet you. Continue to meditate, and continue asking questions of the Arcane, and He will answer, for the Father has never remained quiet or indifferent before He who eagerly asks of Him.

How many who seek the truth in books, among the wise, and in the diverse sciences, will end up finding it in themselves, since in the depths of each man I have deposited a seed of eternal truth. (262, 36-37)

If I say to you that My wisdom shall be yours, do you believe that only one existence would be sufficient to know all that I have to reveal to you? If I say that you will not acquire the human science without traveling the extensive road of evolution, much less will you be able to acquire the knowledge of the spiritual without a complete evolution of your spirit.

I do not come to put spirituality into conflict with science, because that mistake has been of men, but never mine; on the contrary, I come to teach you to harmonize the spiritual with the material, what is human with the Divine, what is temporary with the eternal. Nevertheless, I declare to you that to travel the pathways of life, it is necessary to know beforehand the path that your conscience outlines, whose spiritual law proceeds from the Divine Spirit. (79, 38-39)

The man who seeks the light of wisdom in Nature, as well as He who seeks My wisdom in spiritual revelations, shall have to travel on his own feet the road where He finds the truth that He could not find on other paths. It is for that reason that I have sent your spirit to live life after life here on earth, so that through your evolution and experience you discover all that there is in it, and in what surrounds it.

If you wish, scrutinize My words, but then study and observe life through them, so that you can see the truth that is contained in all I have told you. (105, 54-55)

Just as your body requires air, the sun, water, and bread to live, so too the spirit needs the environment, the light, and the sustenance of its own being. When it is deprived of the freedom to elevate itself in search of nourishment, it weakens, withers, and grows dull, like a child made to stay always in its crib and enclosed in its bedroom; its limbs stiffen, it grows pale, its senses weaken, and its faculties atrophy.

See how the spirit can also become paralytic? What if I told you that the world is full of the paralyzed, the blind, the deaf, and ill in spirit. The spirit that lives closed off, without the freedom to develop itself, is a being that does not grow, not in wisdom, nor in strength and virtue. (258, 62-63)

Truly I tell you, that which can elevate you is love, for in it exist wisdom, sentiment, and elevation. Love is a compendium of all the attributes of the Divinity, and God has lit that flame in every spiritual creature.

How many lessons I have given so that you would learn to love? How many opportunities, lives, and reincarnations the Divine mercy has provided! The lesson has been repeated as many times as necessary, until it is learned. Once it is obeyed, there is no need to repeat the lesson, for it cannot be forgotten. (263, 43-44)

I tell you, it is better to be full of uncertainties and denials than full of false affirmations or lies that you pass for truth. It is better to make a sincere denial that is born of doubt or ignorance than a hypocritical affirmation of a falsehood. Clean doubt, which hungers for understanding, is better than a firm belief in any Myth. Desperate uncertainty that shouts for light is better than fanatical resolution or idolatry. (248, 12)

Oh, how transparent and simple the truth is! How clear and simple spirituality is! Nonetheless, they are difficult to comprehend for He who remains obstinately in the darkness of

his fanaticism and traditions. His mind cannot conceive that there is something beyond what He knows, and his heart resists renouncing what for him has been his God and Law: Tradition and rites. (318, 48)

How far from reality in this instant are those millions of beings who live only for their material present! How can they open their eyes to reality? Only by listening to the voice of their conscience: the voice that to be heard requires concentration, meditation, and prayer. (169, 16)

Always when you wish to know if the path that you follow is that of your evolution, you may consult your conscience, and if there is peace in it and if charity and good will toward your brethren lodges in your heart, you can be certain that your light still shines and your word comforts and heals. (73, 45)

It is as worthy before Me that a being stained with tracks of the most grievous errors purifies itself inspired by an elevated ideal, as that a being who has persevered in purity has struggled to the end to avoid stain because it loved the light from the beginning.

How distant from the truth are those who believe that the disturbed spirits are of a different nature from those of the spirits of light! (295, 15-16)

The justice of men does not pardon, does not redeem, does not love; mine loves, pardons, redeems, resuscitates, elevates, and enlightens those very ones who have caused humanity such pain. I shall redeem them and cleanse them, having them make their great restitution which shall be the crucible in which they purify themselves and in which they wake fully to the voice of their consciences, so that they may come to contemplate even the gravest of their works. I shall make them travel the road traveled by their victims and their peoples, but in the end they shall

achieve spiritual purity in order to return to earth to restore and reconstruct all that has been destroyed, to make restitution for all that was lost. (309, 18)

He who lives illuminated by that interior light, no matter how poor the world considers him to be, will never feel like a pariah, abandoned, weak, or lost; his faith in the Father, in life, in his destiny, and even in himself will never let him weaken in the struggle, and He will always be able to perform great and awesome works. (136, 5)

I will tell you the test that shows true faith exists: the heart is not troubled in times of trial, and peace inundates the spirit in the supreme moments of peril. (237, 69-70)

When the heart contains good faith and the mind is free of prejudices or confused ideas, life is appreciated more and the truth is seen with greater clarity. In contrast, when the heart bears skepticism, or there are vanity and errors in the mind, all appears confused and even the light itself appears as darkness.

Seek truth: it is life, but seek it with love, with humility, with perseverance, and faith. (88, 5-6)

Christ, the Anointed, came to show you the road, telling you, "Love one another." Can you imagine the reach of that sublime commandment? All the life of man would be transformed if you lived by that doctrine. Love alone is that which can reveal the truths of the arcane, because it is the origin of your lives, and of all created. (136, 41)

Humility is the light of the spirit, and on the contrary, the lack of it is darkness. Vanity is the fruit of ignorance. He who is great through wisdom, and worthy through virtue, has true modesty and spiritual humility. (101, 61)

## Chapter 6

If men would understand that the earth has been created for all, and would learn to share in a just way with their brethren all the material and spiritual treasures with which their existence is sowed, truly I say that here on earth you would begin to feel the peace of the spiritual Kingdom. (12, 71)

If men lived awake to the higher life that exists and vibrates above them, and if they knew how to ask questions of the spirit, they would avoid many stumbling blocks and save themselves from many abysses; but they spend their lives asking the men of science, who have studied the material nature but cannot resolve their questions and their uncertainties. They do not know spiritual life, because inside them their spirits have fallen into slumber. (278, 4)

To know is to feel My presence; to know is to let yourself be guided by My light and do My will; to know is to understand the Law; to know is to love. (282, 22)

Today, your spiritual ignorance is so great that when you remember those who have departed for the beyond, you say, "Poor man. He died and had to leave it all and go away forever."

If you only knew with what compassion those spirits look upon you from the spiritual world when they hear you talk like that. Pity is what they feel for you when they are faced with your ignorance, for if you could behold them, though only for an instant, you would be speechless, astounded by the truth. (272, 46-47)

I taught you to render unto God what is God's and to Caesar what is Caesar's, but for the men of today there is only Caesar, and to your Lord you have nothing to offer. If you at least gave what was fair to the world, your pains would be less; but the Caesar that you have put before you has dictated absurd laws for you, and has made you slaves and taken your lives from you without giving you anything in compensation. (155, 15)

If in the midst of laughter, enjoyments and vanities, men forget and even deny Me, why are they fearful and tremble when they are reaping the harvest of tears which torment their spirit and body? Then they blaspheme saying that God does not exist. (17, 37)

Your materialism has made the Eden entrusted to man into an inferno. (272, 29)

You have forgotten the Law and you have waited for the elements to remind you of My justice: Hurricane winds, waters that run off their course, earthquakes, droughts, inundations, are voices that awaken and speak to you of My justice. (69, 54)

He who says that the paths of the Lord are filled with thorns, does not know what He says, because I have not created pain for any of My children; but those who have withdrawn from the path of light and peace, once they return to it, must suffer the consequences of their faults. (17, 41)

Truly I tell you, that there is no power strong enough to oppose My love. My enemies and rival forces are small and weak, and the weapons that have battled against truth and justice have always been fragile. (179, 12)

However, during this Era the revelation has reached your spirit in a greater level of evolution. Soon it will be justly regarded as one of the most rightful and loving laws of the Creator. Disregard the belief that you had about the 'Day of Judgment' which is not a day like yours, because it is a period, and the end of the world is not the end of the planet where you live, but of the egotistical life you have created on it. (76, 43)

Do you not see that man is before and above all that surrounds him, that He is the only being given free will and a

conscience? From free will have flowed all the errors, falls, and sins of humanity, but they are fleeting errors in the presence of the justice and eternity of the Creator, for in time the conscience shall triumph over the weaknesses of the material form and the spirit, and with that triumph will come the victory of the light, which is the victory of wisdom over the darkness that is ignorance; it shall be the triumph of good, which is love, justice, and harmony, over evil, which is selfishness, unrestraint, and injustice. (295, 49)

Even those beings you call demons or “tempters,” I tell you truly are nothing more than disturbed or imperfect spirits of which the Father makes wise use to bring about his high designs and plans.

Yet, those beings, whose spirits are today enveloped in darkness and many of whom make evil use of the gifts I have given them, shall be brought to safety by Me in due time. (302, 31)

It is true that many continue to stain their spirits, but do not judge them, for they do not know what they do. I will also save them. It does not matter that they have now forgotten me or replaced me with false gods that they have created in the world. Them too I shall take to My Kingdom, even if, because they now follow false prophets, they have forgotten the gentle Christ who gave his life to teach them his doctrine of love.

To the Father no one is evil; no one can be evil because all were born from me. I granted My children the gift of free will, thus many of them have chosen to be rebellious, violent, blind, and commit mistakes. However, all of them will become spiritually enlightened, and My charity will guide them along the path of redemption. (54, 45-46)

How could I irredeemably lose a spirit if it bears within it a ray of My Light that can never be extinguished and which is before it wherever it goes? No matter how long its stubbornness

## Chapter 6

or confusion lasts, that darkness will never be as enduring as My eternity. (255, 60)

I will not permit a single one of My children to become confused nor to be lost. I will convert those parasitic plants into fruitful ones, for all creatures have been created to reach a perfect goal.

I want you to rejoice with Me in My Work; previously, I have already shared My attributes with you because you are part of Me; If everything belongs to Me, I also make you owners of My Work. (9, 17-18)

As long as man resists elevating himself on the ladder of spirituality, He shall not be able to approach the true greatness that shall be given him here in the bosom of the Father by the supreme happiness of being the child of God, a child worthy of My Spirit because of his love, his elevation, and his wisdom. (331, 29)

I do not wish to see you before me as defendants; I wish to see you always as My children, for whom My Fatherly love is always ready to offer aid. I have created you for the glory of My Spirit, and for you to find joy in Me. (127, 41)

Today I announce to you that I have reserved for you marvelous regions, dwellings, and spiritual mansions where you can find the true freedom to love, to do good, and to extend My light. Can you doubt it, after the fulfillment of My earlier promises? (138, 11)

The time shall come when the borders of this world are erased by love and the worlds approach each other through spirituality. (213, 61)

## Chapter 7

### Life on Earth, Death, Dying, the Beyond

The ideas you have of the meaning of life on earth, of what the spirit is, and of what the spiritual valley is, are mistaken.

The majority of believers think that living with a certain rectitude, or repenting, in the last instant of life, of the errors they have made, they have assured themselves of glory for their spirits.

That false concept that blinds men does not permit them to persevere throughout their lives in compliance with the law, and causes their spirits, when they abandon this world and come to the spiritual mansion, to find themselves in a place where they do not behold the marvels they had imagined, nor feel the supreme happiness to which they think they have a right.

Do you know what happens to those beings that felt sure of reaching heaven but instead find only confusion? Upon no longer inhabiting the earth because they no longer have the point of support provided by their physical shell, and being unable to ascend to the heights in which the dwellings of the spiritual light are found, without realizing it, they create for themselves a world that is neither human nor profoundly spiritual.

Then is when the spirits ask: “Is this the Glory? Is this the dwelling fated by God for the spirits after such a long journey on earth?”

“No,” say others; “This cannot be the bosom of the Lord, where only light, love, and purity may exist.”

Slowly, through meditation and pain, the spirit comes to understanding. It understands the Divine justice, and illuminated by the light of its conscience judges its past works, and discovers

## Chapter 7

them to have been petty and imperfect, not worthy of the reward He had expected.

It is then, with this preparation, humility appears, and the desire to return to the roads abandoned to erase the stains incurred, repair the errors, and earn true merit before the Father.

It is necessary to explain these things to humanity, so that they may understand that the material life is an opportunity for men to earn merit for their spirits, merit which elevate them until they deserve a dwelling place of higher spirituality, wherein, again they must earn merit in order to avoid becoming stagnant, and to continue climbing, step by step, for: "In My Father's house are many mansions."

These merits you earn through love, as the eternal law of the Father has told you. And thus, from step to step on the ladder of perfection your spirit shall go learning the path that leads to glory, to true glory, which is the perfection of the spirit. (184, 40-45)

A great spiritual lesson is necessary to make man walk the road according to the voice of his conscience, for the material world that surrounds him. In spite of all being saturated with Divine love, and being wisely constructed for the good and the happiness of man, it constitutes a test for the spirit from the instant that it comes to inhabit a world it does not belong to, united to a body whose nature is different from its own.

There you can find the cause for the spirit forgetting its past. From the instant it is made flesh in an unconscious, newly born creature, and fuses to it, it begins a joint life together with that being.

Of the spirit there remain only two attributes present: the conscience, and intuition, but the personality, the works performed, and the past, are temporarily hidden. Thus has it been decided by the Father. (257, 18-19)

You may doubt all that I tell you, yet that valley was truly your dwelling place when you were a spirit. You were dwellers in the mansion in which you did not know pain, in which you felt the glory of the Father in your being, for there was no stain in it.

Nonetheless, you had earned no merits; it was necessary that you leave heaven and descend to the world so that your spirit, by its own efforts, conquers that Kingdom.

Yet, little by little you descended morally until you felt very far from the Divine and the spiritual, from your origin. (114, 36)

This is the Era in which humanity awakens to the beauties of the spirit, in which it becomes interested in the eternal, and asks itself: "What will the life that awaits us after death be like?"

Who, howsoever unbelieving, has not asked if something exists within himself that will survive the material form? Truly I tell you, there are none who do not sense that Mystery or meditate in some moment on the unfathomable.

Concerning the spiritual life that seems so far and is in reality before your very eyes, some ask, others confuse themselves, and others deny; some speak, believing they know everything, while others stay silent and wait. Yet so few there are who really know something of the Beyond. (107, 1)

My doctrine is not only for giving you strength and tranquility during your passage on earth, it is to teach you to leave this world, to pass the thresholds of the Beyond, and enter the eternal mansion.

All religions comfort the spirit in its passing through this world, but how little they reveal and prepare you for the journey to the Beyond. That is why many look at death as an ending, not knowing that it is from there that you can see the infinite horizon of true life. (261, 52-53)

Death is like a brief dream, after which, restored in strength, the spirit awakens to the caress of My light, as to the beginning of a new day for itself.

Death is the key that opens the gates of the prison that you find yourselves in by being adhered to the material, and is at the same time the key that opens the doors to eternity.

This planet, converted by human imperfections into a vale of atonement, has been a place of captivity and exile for the spirit.

Truly, I tell you, that life on earth is one step more on the ladder of life. Why do you not understand it in this way in order to take advantage of all your lessons? That is the reason why many must return to it, again and again, because they did not understand nor make use of their previous life. (167, 23-26)

Death is only a symbol. Death exists for those who do not achieve knowledge of the truth; for them death continues as a spectre behind which is either Mystery, or nothing. It is to you that I say: Open your eyes and understand that you also will not die; you will be separated from the material, but that does not mean that you will die. You, like your Master, have eternal life. (213, 5)

You must understand that you, gifted with a spirit, are the Father's most beloved work in his Creation, for in you He deposited essence, attributes, and immortality.

Death does not exist for the spirit, not death as you know it, the ceasing of existence. The death of the body cannot be death or an ending for the spirit. It is precisely when the vessel closes its eyes to this world forever that the spirit opens its eyes to a higher life; it is only an instant of transition on the path that leads to perfection. (146, 46-47)

Now the Master asks you: Where are your dead, and why do you cry at the disappearance of your loved ones? Truly I tell you, to Me none have died, because I have given you eternal life. All

who you have lost are with Me. There, where you believe you see death, is life; where you see an ending, is the beginning. Where you believe there is Mystery and the unfathomably arcane, is the clear light of the unending dawn. Where you believe there is nothing, is everything and where you perceive silence, is the concert. (164, 6)

The seriousness is not in that men die, it is in the spirit lacking light upon leaving the material, and being unable to see the truth. I do not wish the death of the sinner, but his conversion; however, when death becomes necessary either to liberate a spirit, or to stop a fall of a man into the abyss, My Divine justice cuts the thread of that human existence. (102, 50)

Depart from this world without tears, without leaving grief within the heart of your loved ones. Free yourself when the moment comes, leaving in the countenance of your body a peaceful smile that speaks of the liberation of your spirit.

Understand that death does not exist for love, for duty or for feelings; in short, for the spirit. (70; 17, 19)

Live within My Law and you will not have to fear death, but do not call nor desire it before its time; let it come, as it is always obedient to My mandates. Make sure that it finds you prepared, and in that way you will enter the Spiritual Mansion as children of light (56, 44)

Do not try to reject death when it comes near to you because of My Will. Also, you should not seek the man of science attempting to miraculously prolong your existence, thus opposing My will, for you will both weep bitterly over that error. Prepare yourself in this life, and you will have no reason to fear your entry into the Beyond. (52, 57)

It is necessary that you know that because the spirit is to be subjected to a long and sometimes difficult test, it had a vast

preparation before being made flesh. However, thanks to that preparation it is not disturbed by entering into this life; it closes its eyes to the past to open them to a new existence, and in this way from the first instant adapts to the world to which it has arrived.

How different indeed is the form in which your spirit presents itself before the threshold of the spiritual life or when it has recently left its body and its world. As it has lacked real preparation for returning to its home, it feels disturbed, the sensations of the material still dominate, and it does not know where to go or what to do.

This is because it did not learn that it is also necessary to know how to close the eyes to this world in the last instant; for it is only in this way that it can open them to the spiritual world that it had left before, where all its past awaited to be reunited with its new experience, and add its new merits to all its previous ones.

As He recovers the light, a dense veil clouds his mind: the tenacious influence of all He has left behind inhibits to feel the vibration of his conscience as the shadows fade allowing him to reintegrate himself to his true essence. There is much confusion, and much pain.

Will there be any, who upon hearing or reading this message reject it as useless or false lessons? I tell you that only He who is found in an extreme grade of materialism or blind fanaticism could reject this light without his spirit being moved.(257, 20-22)

I have given the earth to you to possess equally, to live on in peace, and take as a temporal home in which you will develop your gifts and prepare your spirit to ascend to its new dwelling place.

I said to you: “In the house of the Lord there are many mansions.” You will know them as you ascend. Each ascending grade will bring you closer to Me, and will be reached by you

according to your works, for all is subject to a Divine order and justice.(315, 34)

Truly I tell you, that to come to complete cleanliness, your spirit must yet purify itself much in this world and in the spiritual valley.

You will return to this planet as many times as necessary, and the more you fail to make use of the opportunities your Father gives you, the longer will be postponed your definitive entry into the true life, and the longer your stay in the vale of tears.

In each earthly existence, every spirit must show its advancement and the fruits of its evolution, making a firm step forward each time.

Keep in mind that the only good that rebounds to your own benefit is that which is done out of true love and charity for others, and which is done disinterestedly. (159, 29-32)

Beyond your human lives exists a world of the spirits, your brothers, beings invisible to man, that fight among themselves to conquer you.

That struggle between them proceeds from the differences in evolution between them: While the beings of light, elevated by the ideal of love, harmony, peace, and perfection, go spreading light upon the path of mankind, inspiring them always to the good, and revealing all that is for the good of men; the beings that still retain the materialism of the earth, who have not been able to quit themselves of their selfishness and their love for the world, or who, for an indefinite time, pander to the human inclinations and tendencies, are those who sow confusion on the path of humanity, clouding minds, blinding hearts, and enslaving wills to take advantage of men, converting them into the instruments of their plans, or taking them as though their bodies were their own.

Meanwhile, the Spiritual World of light struggles to conquer the spirit of humanity in order to open for them a breach to

eternity. While those blessed legions work unceasingly multiplying themselves in love, becoming nurses at the bedside of pain, counselors at the right of men who bear great responsibilities, counselors to youth, guardians of children, and the companions of those who live alone and forgotten, the legions of the beings without the light of spiritual wisdom and without the elevation of love also work without pause among humanity; but their purpose is not to make the path to the spiritual realm easier: no, the idea of these beings is completely the opposite; their intention is to dominate the world, to continue as its owners, to perpetuate themselves upon the earth, to dominate men, converting them into slaves and instruments of their own will, in other words: to not allow themselves to be dispossessed of that which they have always considered their own: the world.

So, disciples: between some and others there is an intense struggle, a struggle that your corporeal eyes do not behold, but whose reflections are made felt every day in your world.

So that this humanity can defend itself, and free itself from evil influences, it must have knowledge of the truth that surrounds it, it must learn to pray with the spirit and know as well with how many gifts its being is endowed, so that it may employ them as weapons in this great battle of good versus evil, of light against darkness, and of spirituality opposed to materialism. (321, 53-57)

Disciples: Wake up and recognize the Era in which you find yourselves. I say to you that just as no one can hold back My justice, neither will anyone close the doors of the Hereafter that My charity has opened for you. No one can prevent the messages of light, hope and wisdom to descend among men from those worlds. (60, 82)

I have permitted you to briefly communicate with your loved ones in the Beyond, which I did not permit in the Second Era, for neither you nor they were then prepared for it. That door has been

opened by Me in this time, and with it I give fulfillment to the proclamations of My prophets and to some of My own promises. (146, 15)

It surprises you that a spirit manifests itself, or communicates with you, without realizing that you also manifest in and even communicate with other worlds, other dwelling places.

Your body does not realize that your spirit, in moments of prayer, communicates with Me, does not know how to perceive the closeness you have with your Lord that through that gift, and not only with My Spirit, but also with those spiritual brothers who you remember in the moments of prayer.

You also do not understand, that in your rest, when your material body sleeps, the spirit, in accordance with its evolution and spirituality, separates from the body to present itself in distant places, in spiritual dwellings that you cannot even imagine. (148, 75-77)

How many times did the apostles, the prophets, and the Lord's envoys speak to the world under the influence of the spiritual world without humanity realizing it? And how many times in your own lives have each of you acted and spoken under the will of spiritual beings without knowing it? And this, which has always occurred, I have now confirmed to you. . (163, 25)

If curiosity alone leads you to attempt communication with the Beyond, you shall not find truth; if your intension contains vanity, or the desire for greatness, then you will not achieve true communication; if temptation sheaths your heart in false purposes or low interests, neither then shall you obtain communication with the light of My Holy Spirit. Only your respect, your clean prayer, your love, your charity, and your spiritual elevation, shall effect the prodigy of your spirit spreading its wings, crossing space, and coming to the spiritual mansions, to the place My Will allows it.

Many of you have communicated with those beings through My workers, yet, truly I tell you that this is not the perfect communication, but the time comes when the incarnated spirits, and those without flesh, may communicate among them spirit to spirit, without employing any other material or human means: by inspiration and through the gift of spiritual sensibility, and through revelation, or thought. The eyes of your spirit will be able to sense the presence of the Beyond, and then your heart shall feel the passing of the beings that populate the spiritual valley. Then shall the rejoicing of your spirit be great, as will your knowledge and love of the Father.

Then you shall know the life of your spirit: who it is, and who it was, recognizing yourself without reference to such petty limits as those that correspond to your material form, for the Father says to you: Though your material form is, in reality, small, your spirit greatly resembles My own Divine Spirit. (244; 21, 23-24)

See here the continuation of My Work, My coming in the Third Era as the Spirit of Comfort, surrounded by My great armies of angels just as it was written.

Those spirit – followers of mine form part of that comfort that I have promised you, and you have already had proof of their charity and peace in their healthy advice and examples of virtue. Through them I have conceded benefits to you, and they have been intermediaries between you and My Spirit.

You are blessed if you have recognized their elevation, but the Master asks: “Do you believe that they were always virtuous beings? Do you not know that a great many of them have inhabited the earth and have known weaknesses and great failings?”

Yet, look at them now; they do not retain any stain whatsoever. It is because they heard the call of the conscience, awakened to love, repented of their earlier failings, and in that

crucible have been purified and dignified to ascend to serve Me today by serving mankind. (354, 14-15)

Prepare yourselves; do not wait for death to catch you unprepared. What preparation have you made for your return to the spiritual existence? Do you want to be surprised when you are still tied with chains to the flesh, to your passions, to earthly possessions? Do you want to enter the Hereafter with your eyes closed without finding the pathway, carrying an impression in your spirit, a weariness of this life? Be prepared, disciples, then you will not fear the coming of death of the body.

Do not sigh at having to leave this valley, because if you realize that in it there are marvels and greatness, truly I say to you that they are only an image of the beauty of the spiritual life. (70, 14-15)

How fortunate your spirit will feel in the Beyond if your conscience tells you that on earth you sowed the seed of love. All the past will make itself present before your eyes and every image of your works will give you infinite pleasure.

This celestial doctrine that I bring you reveals many beauties, and prepares you so that when you present yourself in spirit before the justice of the Eternal, you know how to confront the marvelous reality that will surround you from that instant. (85; 63, 66)

Receive My light so that it illuminates the road of your existence and in the hour of your death frees you from confusion; and in an instant, as soon as you pass the portals of the Beyond, you will know who you are, who you have been, and who you will be. (100, 60)

While your bodies, which even after death continue to give nutriment and life, sink into the earth into whose bosom they will be integrated to increase its fruitfulness, your conscience, which is over your being, shall not remain in the earth, but shall

accompany the spirit and be shown to it like a book whose profound and wise lessons are to be studied by it.

There your spiritual eyes shall open to the truth, and in an instant, you will know how to interpret that which, in an entire life, you did not manage to understand. Then is when you will understand what it means to be a "child of God and brother to your fellow men." That is when you will understand the value of all that you have possessed, and feel sorrow and repentance for the errors made, for the time lost, and the most beautiful purposes of reform and reparation will be born in you. (62, 5)

There, in that brief moment of illumination before the conscience is where many receive their reward, but also where many see their greatness fade away.

From now on, you all travel toward the same end, reconciling and harmonizing your spiritual lives. Let none believe that they travel a better path than their brother, nor that they are on a higher rung of the ladder than others. I tell you, at the supreme hour of death, it shall be My voice that tells you the truth concerning your elevation.(299; 41, 40)

When your spirit leaves its human shell, and in the sanctuary of the spiritual life recollects in its inner depths to examine its past and the results of it, many of its acts that here in the world had seemed perfect to it, worthy of being presented to the Lord and deserving of some reward, seem small in the instant of that meditation; the spirit will understand that the meaning of many acts that in the world seemed good to it, were mere traces of vanity, of false love, of a charity not felt by the heart.

Who do you believe has given to the spirit the enlightenment of a perfect judge in order to judge itself? The conscience, which at that hour of justice will seem to glow with a clarity never seen before, will be who tells each one which from its works on earth was good, just, real, and true, as well as what was evil, false, or impure that it sowed along the way.

The sanctuary of which I have just told you is that of the conscience: that temple that none may profane, the temple in which God dwells, and from which his voice and his light issue.

In the world you have never known how to enter that inner sanctuary, for your human personality always seeks the way to evade that wise voice that speaks inside each man.

I tell you that when your spirit puts aside its shell, it will finally be able to stop before the portal of that sanctuary to prepare itself to enter; and before that altar of the spirit, prostrate itself, listen to itself, examine its works in the light that comes from the conscience; and hear speaking within itself the voice of God, as Father, as Master, and as Judge.

No mortal can imagine, in its full solemnity, that moment through which each must pass in order to know what good you bear within, and how to conserve it, and that which you must reject because it cannot be carried any more within the spirit.

When the spirit feels itself to be in front of its conscience and the conscience makes itself present with the clarity of truth, that being feels without the strength to hear itself; it wished it had never existed, because in an instant all its life passes before its eyes: what it left behind, what it possessed and what belonged to it, and that for which it must now finally account.

Disciples, humanity: Prepare yourselves in this life for that instant, so that when your spirit presents itself at the threshold of the temple of the conscience, you do not make of that temple a courtroom, for the spiritual pain would be so great that there is no physical pain comparable. (334, 5-11)

At every moment My voice calls you toward the righteous path where peace exists, but your deaf ear has only an instant of sensitivity before that voice. That moment is the last one of your life, when agony gives you notice of the near death of the body. Then is when you want to begin your life to correct your faults, to calm down your spirit before the judgment of your conscience

and be able to offer something worthy and meritorious to the Father. (64, 60)

You shall have to answer for all, and the more evil your works, the more energetic the judgment you shall receive from yourself; for I do not judge you, that is false, it is your own spirit in its lucid state that serves as both your fearful prosecutor and your terrible judge. It is I who defend you against the confusion, and who absolve and save you, because I am the Love that purifies and pardons. (32, 65)

Think that very soon you will be in spirit, and that which on this earth you have sown, will also be what you reap. The passing from this life to the other does not fail to be a strict and severe judgment for the spirit. None escape that judgment, even He who considers himself the worthiest of servants. (99, 49)

Every good deed will have its reward, which will not be received on earth, but in the Beyond. But how many of you would like to enjoy that glory here on earth, unaware that He who does not work toward his spiritual life, will be without merits on entering it, and his repentance will be great. (1, 21)

He who goes about seeking the honors and praise of the world, shall have them here, but they will be of short duration and will serve him for nothing the day of his entry to the spiritual world. He who seeks money, shall have his reward here, for that was what He sought; but when the time comes to leave it all here, to present himself in the Beyond, He will have no right to claim compensation for his spirit, though He may believe He has done much for charity.

In contrast, He who has always renounced the praise and favors, and who has renounced all material prizes, being busy sowing goodness, and who enjoys performing charity, is not thinking of prizes because He does not live for his own satisfaction, but for that of his fellow men. How great will be his

peace and happiness when He is in the bosom of his Lord. (253, 14)

When the spirit of some great sinner departs from this material life to enter the spiritual valley, it is surprised to discover that hell, as it had once imagined, does not exist; and the fire, of which it was previously told, is nothing more than the essence of its works harshly judged by its conscience.

That eternal judgment and enlightenment which exists in the midst of the darkness that surround the sinner, will be more painful than the strongest fire you could have imagined. But it is not a torture prepared beforehand as a punishment for the one who offended me. No, this torture originates when one begins to understand his own mistakes, when the spirit begins to feel great sorrow for having offended the One who created him and for not having made better use of its time and of the many gifts it received from its Lord.

Do you believe that I should punish those who by their sins offend Me, when I know that the sin offends more He who commits it? Do you not see that who the sinner does evil to, is himself? And that I will not increase the misfortune He has worked upon himself by punishing him? I merely allow them to see themselves and hear the inexorable voice of their consciences interrogating and answering them, to recover the spiritual memory that in the material form they had lost, and to remember their beginnings, their destiny, and their promises. There, in that judgment, they will feel the effects of the fire that exterminates their evil and that recasts them like gold in a crucible, separating them from that which is harmful or superfluous, and all that is not spiritual.

That moment of rest, of serenity, and of clarity does not come to all spirits at the same time; some readily enter into that self – examination and in so doing avoid much grief; for while they awaken to reality and recognize their errors, they prepare

themselves and are ready to repair even the last of their bad deeds.

While others, blinded, be it by vice, by some resentment, or for having lived an existence of sin, delay coming out of their blindness.

Others, more dissatisfied, believing they have been torn from the earth before time, when all smiles upon them, curse and blaspheme, delaying their ability to free themselves from confusion, and like these, there are a great number of cases that know only My wisdom. (36; 47-49, 51)

Remorse and torture from lack of wisdom, and suffering for lack of the spirituality necessary to enjoy that life, these and more are present in the expiation of the spirits that come stained or without preparation to the threshold of the spiritual life. (36, 56)

What surprise the spirit of the scientist feels when it abandons this world and comes to present itself before the Divine truth. There He bows his head in shame, praying that his pride be forgiven! He believed He knew all and could do all, and denied the existence of anything beyond his knowledge or comprehension; however, upon finding himself in front of the Book of Life, before the infinite work of the Creator, He must recognize his smallness and cover himself in humility before He who is absolute wisdom.(283, 49)

Pray for those who depart from among you for the Beyond, for not all find the road, not all know how to elevate themselves, nor do all quickly find peace.

There are those who in spirit live with the obsessions of material life. Some suffer great repentance, others are buried insensible in the earth together with their bodies; others cannot separate themselves from those close to them, from those who remain in the world, because lamentations, selfishness, and

human ignorance hold them and materialize them, depriving them of peace, light, and advancement. (106, 35-36)

Your spirit shall be very pleased to be received by them upon your arrival in the spiritual valley, and to receive their gratitude for the charity you showed them; great shall be your joy when you see them inundated by light.

But how painful it will be to find them with that legion of beings darkened by confusion, knowing that they too awaited your charity, and that you did not give it to them. (287, 58)

I want you to be men of faith, who believe in the spiritual life; if you have seen your brethren depart toward the hereafter, do not feel them distant, nor believe that you have lost them forever. If you wish to be reunited with them, be active, do good, and when you reach the hereafter, there you will find them waiting to teach you to live in that spiritual realm. (9, 20)

Who has not felt uneasiness about the life of the Hereafter? Who among those who have lost their dear ones in this world has not felt an eagerness to see them again or at least know where they are? You will know all of this; you will see them again.

But you should earn merits now, because it might be that when you leave this earth, you will ask in the Spiritual Realm where are those whom you expect to find, and you will be told that you cannot see them because they are in a higher level; do not forget that a long time ago I told you that in the house of the Father there are many mansions. (61, 31)

Remember that I told you: "In My Father's house are many mansions." In this time of greater evolution, in which you understand My teachings better, I have come to tell you: "In the house of the Father there are an infinity of mansions." Do not think, therefore, that upon leaving this world you will achieve the maximum level of spiritual elevation. No, disciples, when your time on this planet ends I will lead you to other dwellings, and in this way I will guide you eternally upon the infinite ladder of your

perfection. Trust in Me, love Me, and you shall be saved. (317, 30)

I say to you that even the spirits who inhabit higher levels than those where you live, do not know the reality of that existence. Do you know what it is to live within the bosom of the Father? When you dwell there, then you will be able to know it. Only a vague presentiment, a slight intuition of that Mystery, will briefly cross through your heart as an incentive along your path of evolution. (76, 29)

Among so many mansions within the house of the Father there does not exist a single world of darkness. His light is in all of them; however if the spirits penetrate into them with a veil over their eyes, due to ignorance, how can they be able to behold that splendor? (82, 12)

Your spirit shall have to pass seven spiritual stages to reach its perfection. Today, while living on the earth, you do not know on what step of the ladder you find yourselves. (133, 59)

This is the Third Era, in which your spirit, from the earth, may begin to dream of great knowledge and higher dwelling places, for He who upon departing this world bears in his spirit the knowledge of what He will find, and the development of his spiritual gifts, shall pass through many worlds without stopping in them until arriving to that which, through his merits, it corresponds to him to inhabit.

He shall be plainly conscious of his spiritual state, know how to carry out his mission wherever He finds himself, know the language of love, harmony, and justice, and know how to communicate with the purity of spiritual language that is thought. There shall be no dangerous obstacles, confusion, nor mourning, and He shall begin to live the supreme pleasure of coming closer to the mansions that belong to him because they belong to the eternal inheritance. (294, 55)

Men have imagined hell as a place of eternal torture, where they believe that all those who have disobeyed My mandates will go. And in the same way they have created a hell for great faults, they have imagined another place for lesser faults, as well as one more for those who have done neither right nor wrong.

Those who say that in the Hereafter there is neither rejoicing nor suffering, are not telling the truth; no one is without suffering, nor exempt from rejoicing. Afflictions and joys will always be mixed as long as the spirit does not attain the supreme peace.

Listen, O My people: Hell is within the incarnated and discarnated, in dwellers of this world and the spiritual realm; hell is a symbol of great pain, of terrible remorse, of desperation, of suffering and bitterness of those who have sinned greatly, and from those consequences they will be liberated according to the evolution of their spirit towards love.

Question your conscience and you will know if you are living in hell, if you are atoning for your faults, or if you are vibrating with the peace of glory.

What men call glory or hell, are not predetermined places; it is the essence of your deeds which your spirit gathers when it reaches the spiritual realm. Each one lives his hell, inhabits his world of atonement, or enjoys the happiness which the elevation and harmony with the Divine Spirit offers. (11, (11; 51-53, 55-56)

Just as man on earth can create a spiritual peace for himself similar to the peace of My Kingdom, He can also, with his perversity, surround himself with an existence like a hell, made of vice, evil, and remorse.

In the hereafter, the spirit can also find worlds of darkness, of perversity, of hatred and vengeance, according to the spirit's degree of confusion, low passions, and desires. But truly I say to you that the heaven as well as the hell, which men visualize only through earthly figures and images, are no more than different stages of the spirit's evolution; one stage is the highest level of

perfection achieved by a spirit through its evolution and virtue, and the other is a stage where the spirit lives in an abyss of darkness, vices, and confusion.

Do you believe that I, your Father, have created places specifically for the purpose of punishing you and thus eternally avenging your offenses?

How foolish are the men who continue to teach those theories! (52; 31-32, 34-35)

How deformed and imperfect is that God, in the form that so many imagine: how unjust, monstrous, and cruel. Together, all the sins and crimes that men have committed could not compare with the perversity of the punishment in hell for all eternity to which, according to them, God condemns his children who sin. Have I not explained to you that the greatest attribute of God is love? Do you not believe then, that eternal torment would be the absolute negation of the Divine attribute of eternal love? (164, 34)

My word does not descend to attack any belief. If someone believes such, they are gravely in error. My word comes to explain the content of all that which has not been duly interpreted, and which therefore has produced confusions that have been transmitted from generation to generation among humanity. (352, 47)

I say to you during this period: Do not accept the idea of “hell” that humanity has accepted. There is no more hell in this world, other than the life that man has created with his wars and hatred. And in the spiritual valley, there is no fire other than the great remorse that the spirit feels when its conscience shows it its errors. (182, 45)

Those who in their religious fanaticism only await the punishment of hell in the Beyond, while holding that belief are themselves forging their own hell, for the confusion of the spirit is similar to that of the human mind, but more powerful. (227, 71)

Do not tremble before these revelations; on the contrary, enjoy thinking that this word comes to destroy the concept of eternal punishment that you have had, and all the interpretations that you have been given of eternal fire in the past.

Fire is the symbol of pain: of the regrets and repentance that torment the spirit, purifying it as gold is purified in the crucible. In that pain is My will, and in My will is love for you. (352, 44)

The Final Judgment, as interpreted by Humanity, is an error; My judgment will not be of an hour nor a day, it has weighed on you for some time.

However, I tell you truly that the bodies of the deceased, are dead, and have returned to integrate themselves in their own nature, for what is of the earth, shall return to the earth, just as the spiritual shall seek its dwelling place, which is in My bosom.

In the spiritual valley there are many confused and disturbed beings; bear My message and light to them when you enter there.

You can practice that form of charity, starting now, by means of the prayer with which you can establish communication with them. Your voice will resonate in the place where they reside, and will make them awaken from their deep slumber. It will make them weep and cleanse themselves with their tears of repentance. In that instant they will have received a ray of light, for in that moment they will understand their past vanities, their errors, and their sins. (240, 41-43)

Spiritual rest as it is understood and conceived of by your material world, does not exist; the rest awaiting the spirit is activity, multiplication of oneself through doing good, while not loosing an instant. That is when the spirit rests, its regrets and sorrows are lightened, it enjoys itself by doing good, and rests loving its Creator and its brothers.

The spirit that returns from the earth to the spiritual valley, bearing imprinted on it the fatigue of the flesh, and seeks the

Beyond as a bed to rest in, where it can sink into oblivion in order to wipe away the scars of the struggle, must come to feel itself most unfortunate, and will not encounter either peace or happiness until it awakes from its lethargy, recovers from its error, and rises to the spiritual life, which is as I have already described: love, work, and continual struggle on the path that leads to perfection. (317; 12, 14)

The humanity of today, as large as you consider it to be in number, is very small compared to the number of spiritual beings that surround it. How strongly those legions invade the byways of men without them perceiving it, for men neither feel nor hear this world that agitates around them. (339, 29)

The legions of spirits that aimlessly wander the world calling in various ways at the doors of the hearts of humanity, many times are voices that want to tell you to wake up, that you open your eyes to reality, to repent of your errors and regenerate yourself, so that later, when you leave your material form in the bosom of the earth, you do not have to weep, as they do, in loneliness, ignorance, and materialism. In this, there is light emerging even from the darkness, for not a leaf of a tree moves without My Will; these manifestations, which increase from day to day, shall eventually so overwhelm men, that they will finally overcome the skepticism of humanity. (87, 65)

Thousands of invisible eyes are watching you, some to ambush you on the road, and others to protect you. (138, 27)

The great legions of disturbed spirits, taking advantage of the ignorance of humanity, and their insensibility and lack of spiritual vision, make war on them, and men have not prepared their weapons of love for defense against the attacks, so that in this struggle they appear to be defenseless.

It is necessary that My Spiritual Doctrine come to you, to teach you how to prepare yourselves to emerge victorious from the conflict.

From that invisible world that palpitates and vibrates in your own world, emerge influences that touch men, whether in their minds, their emotions, or their will, making them into submissive servants, slaves, instruments, and victims. Everywhere, spiritual manifestations are surfacing, and yet the world continues without wishing to realize what it is that surrounds their spirits. (152, 22-24)

How much discord, how much confusion and pain mankind has brought upon itself! The lack of prayer, of morality, and spirituality has attracted impure and disturbed spirits. What can one hope for from those who have departed without light or preparation?

There are those you have deceived and oppressed, whom you have confused and humiliated; they can send you only confusion and darkness, exercise only vengeance, and come to you only to make claims against you. (152, 27-28)

A man given to a life of sin is capable of dragging behind him a legion of the beings of darkness, who cause him to leave behind a trail of malevolent influences. (87, 7)

If from here, you were able to see the spiritual valley, wherein dwell the materialistic spirits who have done nothing to prepare for the spiritual journey that follows this life, you would be astonished; but not for an instant would you say, "How terrible is the justice of God!" Instead, you would exclaim, "How ungrateful, unjust, and cruel we ourselves are! How indifferent we are to our spirits, and how inactive we have been as disciples of Jesus!" (213, 52)

I say to you that there is not a single human mind that is not influenced by the Spiritual World.

There are many who might deny this. However, no one is able to prove that it is impossible for the human mind to receive

thoughts and inspirations not only from spiritual beings and fellow human beings, but even from Me.

This is a revelation for all humanity, a revelation that when it is spread, shall find open hearts that receive it with great joy, just as it must also find human opponents and persecutors.

Yet, what can they do to prevent the light of the Spiritual Kingdom from shining in the lives of men? What means can the unbelievers make use of to prevent that vibration? Who is He that believes himself outside of the universal influence that is the creating and lifegiving power of God? (282, 33-36)

When I speak to you of My Spiritual World, I refer to the hosts of obedient beings who are like true servants, who do only what the will of their Lord ordains.

It is they I have sent among you to be counselors, guardians, doctors, and true brothers to all men. They do not come to weep, for they bear peace within; they do not come to question, for the light of their evolution and their experience on the long journey has given them the right to kindle light in the understanding of men. They are timely with their help, considerate and humble before any call or necessity.

It is I who have ordered them to manifest themselves before you and to give you their lessons, their testimony, and their stimulus. They walk ahead of you so that you may find the path clear, and lend you help so that you do not falter.

Tomorrow, you too will form part of that army of light which in the infinite world of the spirits goes working only for the love for their brothers knowing that they thereby give love and glory to their Father.

If you wish to be like them, consecrate your existence to the good. Share your peace, and your bread, receive the needy with love, and visit the sick and those who are held in prison. Kindle light on the path of your brothers who go feeling their way in

search of the true path. Fill the infinite with noble thoughts, pray for those absent, and prayer will bring you closer to them.

And when death halts the beating of your heart and extinguishes the light in your eyes, you will go to awaken in a world wonderful for its harmony, its order, and its justice. There you will begin to understand that the charity of God is that which can compensate you for all your trials, your suffering, and your works. (170, 43-47)

Man will come to understand that neither is his reign of this world, that his body, the human shell, is a mere instrument through whose senses his spirit manifests in this world of trials and restitution. In the end, He will know that this life is only a magnificent lesson illustrated by marvelous forms and images so that the disciples, all humanity, can better understand the lessons that life gives them and with which, if they know how to value them, they will achieve the evolution of the spirit. They will understand the purpose of the struggle that forges them, the pain that polishes them, the labor that ennobles, the knowledge that enlightens, and the love that elevates. (194, 34)

In truth I tell you, if you knew how to look for moments of satisfaction and joy and hours of peace, you would have them all the days of your existence; but to have those things, elevate first your spirit, your sentiments, and your way of thinking about life.

This message that I send you through My word comes full of light to illuminate your path, and will give your being the elevation that I have shown you so that you live in peace and take healthy pleasure from all that I have blessed for your existence. (303, 31-32)

## Chapter 8

### Development and Reincarnation

How many there are who dream of dying, with the hope that it will be the moment when they arrive before Me to adore Me eternally in heaven, not realizing that the road is infinitely longer than they have been able to believe. To ascend one rung on the ladder that leads to Me, it is necessary to have known how to live a human life. Ignorance is what causes many to confuse the essence of My lessons. (164, 30)

Just as you see the body of man develop, so too does the spirit in him; yet, the body finds a limit to its development, while the spirit requires eternity and many material incarnations to reach its perfection. That is the reason for your reincarnations.

You were born, of the paternal and maternal mind of God as a seed: pure, simple, and clean; do not, however, be confused: being pure and simple is not the same as being great and perfect.

Could you compare a newborn babe with a man of experience who teaches children?

That will be your destiny throughout the ages, when your spirit is developed. But, oh, how slowly your spirit advances. (212, 57-60)

Recognize that this journey is for the purpose of earning sufficient merit before God to convert your spirit from innocent and simple to a great spirit of light at the right hand of the Father. (231, 12)

Each world, every dwelling place, was created so that in it the spirit would evolve and make a step towards their Creator,

## Chapter 8

and thus, advancing more and more on the road to perfection, someday arrive white, clean and molded to the end of its journey: the peak of spiritual perfection, which is to inhabit the Kingdom of God.

Every spirit, upon being born of Me, was pure, yet later in their road many became stained; nonetheless, all being foreseen by Me in a wise, loving, and just way, I went ahead to put all the means necessary for your salvation and regeneration along the road that My children must travel.

If that spiritual purity was profaned by many beings, the day will come in which they, purifying themselves of all their faults, reacquire their original purity, and this purification will be very meritorious in My eyes, for their spirit will have achieved this through great and incessant trials of their faith, their love, their faithfulness, and their patience. (313, 21-23)

Keep in mind that only what is perfect reaches Me; therefore, your spirit will enter My Kingdom only when it has attained perfection. You emerged from Me without experience, but you shall return to Me adorned with the garment of your merits and virtues. (63, 22)

Those who believe that their existence is absurd and believe that their struggles and suffering are useless, fail to realize that life is the teacher that molds and pain the chisel that perfects. Do not think that I created pain to offer it to you in a cup. Do not think that I have made you fall. Man fell in disobedience by himself, and for that reason He must also arise by his own effort. Neither think that only pain will perfect you, no, you will also come to me by practicing love, for I am love. (31, 55)

Understand, that although creation appears to have been completed, all things continue to evolve, transform, and become more perfect. Could your spirit escape that Divine Law? No, My

children, no one can say the last word about the spiritual, about science, or about life, for they are works of mine, which have no ending. (79, 34)

How many men, based on the knowledge they have achieved, believe themselves to have greatness of spirit, but to Me are like some children standing still on the road to their evolution; they should realize that it is not only through the development of the mind that the elevation of the spirit is achieved, but through the all – around development of their being; and there are many gifts needed to evolve in order to achieve completeness.

That is why I instituted the reincarnation of the spirit as one of My laws of love and justice, in order to provide it with a longer road that would give it the opportunities necessary to achieve its perfection. (156, 28-29)

Why is it, that while all things grow, unceasingly transform, develop, and become more perfect, your spirit alone remains stagnant throughout the centuries? (305, 6)

Since the beginning of humanity, reincarnation of the spirit has existed as a law of love and justice, and is one of the forms in which the Father has demonstrated his infinite clemency. Reincarnation is not only of this time, but of all times, but do not think that this Mystery has not been revealed before now; from the first times an intuition has existed in man about the reincarnation of the spirit. (105, 52)

Now the world will know the truth about the resurrection of the flesh, which is the reincarnation of the spirit.

Reincarnate: to return to the material world to be born again as a man: the emergence of the spirit in a human body for the continuation of a mission: That is the truth about the resurrection of the flesh of which your elders have spoken, giving it

interpretations that were as twisted as they were absurd. (290, 53-54)

How could you ever believe that on the day of judgment the bodies of the dead will be resurrected and be united to their spirits in order to enter the Kingdom of God? How can you interpret in that manner what you were taught in former times?

The flesh is of this world and here it remains, while the spirit arises free and returns to the existence from where it emerged. That which is born of the flesh is flesh; that which is born of My Spirit is spirit. The resurrection of the flesh is the reincarnation of the spirit, and if some believe that to be a human theory and others believe it to be a new revelation, verily I say to you that I began to make it known to the world since the beginning of mankind; proof of it you can find in the text of the Scriptures, which are a testimony of My works. (76, 41-42)

Why, when humanity has witnessed the development of science and has seen discoveries which it would not have believed before, does it resist believing in the evolution of the spirit? Why is it obstinate in that which makes it stationary and lethargic?

If instead of being made conceited by your earthly knowledge, you would identify yourselves with all My Work, there would exist for you no Mysteries, you would recognize yourselves as brethren, and you would love one another as I love you: in you there would be kindness, charity, love, and therefore, union with the Father. (23; 5, 7)

Every time death ends the existence of your shell, it is like a truce for your spirit, which, upon reincarnating, will come forth with new strength and greater light to continue studying that Divine lesson it has not finished. It is in this way that the planting that is your spirit matures. (99, 32)

Your mind does not receive the past impressions or memories of your spirit, because the material is like a thick veil that does not permit entry into the spirit's life. What mind could receive the images and impressions that the spirit has gathered in the trajectory of its past? What intelligence could coordinate with human ideas that which is incomprehensible? (274, 54)

### Pilgrimage of a Soul

When My law teaches you morality, righteousness, and order in all acts of your life, why do you seek adverse paths which bring you pain, and when you depart to the hereafter, leaving your body in the earth, you weep because you have loved that physical body so much?

When you feel that the material body no longer belongs to you, and that you must follow the road until you reach me, I have asked you: My child, what gift do you bring me? Have you lived on the earth obeying My mandates?

And you are ashamed and dejected because you do not bear a gift of love for the one who loves you so much and has granted you so much. You have created chains which crush your spirit. And having lost its grace, your spirit appears without light, weeping and grieving. It hears the voice of the Father who calls, but since it has not evolved, nor feels worthy of coming to him, it hesitates and waits.

Time passes, and once again the spirit hears that voice. In the midst of its pain it asks who speaks, and the voice says: Awaken! Do you not know from where you have come, nor where you go? Then the spirit raises its eyes and sees an immense light, before its splendor it sees itself insignificant. It recognizes, that before being sent to the earth, it had existed and had been loved by the Father, which is from whom the voice came, and who now, upon seeing him in this painful situation, suffers for it. The spirit knows that it has been sent to different worlds to journey over a difficult path and has to reach its reward through its merits.

The child asks, if before being sent to earth I have been your beloved creature, why have I not remained virtuous? Why have I had to descend to suffer and work in order to return to you?

The voice replies: All spirits have been submitted to the law of evolution and on that road the Spirit of the Father always protects you and is pleased by the good deeds of his son. Truly, I have sent you to earth in order that you might make of it a dwelling of struggle for spiritual perfection, not a valley of war and pain.

I have told you to multiply and not be sterile, and when you return to the spiritual valley and do not bring any harvest, you only weep, arriving without the grace with which I have covered you. That is why I send you one more time and tell you, cleanse yourself, seek that which you have lost, and cultivate your elevation.

The spirit returns to earth and seeks a small and tender human body in order to rest in it and begin the new journey. It finds the small child designated to it and unites with that body in order to make restitution for its failings within My law. Knowing what it must do and aware that it belongs to the Father, the spirit comes to the earth clearly aware of its mission.

In its first years it is innocent; it preserves its purity, and remains in contact with the spiritual life. Then it begins to know sin. It looks closely at pride, arrogance, and at the rebelliousness of men before the just laws of the Father, and the flesh, which is stubborn by nature, begins to contaminate itself with evil. Having fallen into temptation, it forgets the mission which it brought to earth and arises performing deeds which are contrary to the law. The spirit and material body eat the forbidden fruits, and when they have fallen into the abyss, the last hour surprises them.

Once again the spirit finds itself in the spiritual valley, weary and burdened by the weight of its faults. Then it remembers the voice that spoke to it in another time which still calls to it. And

after much weeping, feeling lost, and not knowing who it is, it remembers that it has already been in that place.

Then the Father, who has created it with so much love, appears on its path, asking: Who are you? From where do you come and where do you go?

The son recognizes in that voice the word of the one who has given it its existence, intelligence, and gifts; the voice of the Father who always forgives, who purifies, and removes the darkness and leads to the light. The child trembles because it knows it is before the Judge, and speaks, saying: Father, My disobedience and My debts to you are very great, and I can not aspire to live in your home, for I have no merits. Today, when I returned to the spiritual valley, I see that I have only accumulated faults for which I must make restitution.

But the loving Father once more points out the way, and once again the spirit incarnates and forms a part of humanity.

Now experienced and with greater strength, it then subdues the material body in order to control it and to obey the Divine dictates. The battle begins. The spirit combats the sins which cause man to fall and wants to take advantage of the opportunity which has been granted for its salvation. It struggles from beginning to end. And when the white hairs shine on the temple, and the body which before was strong and healthy begins to slowly stoop under the weight of the years and lose energy, then the spirit feels strong, more developed, and experienced. How great and disgusting sin appears to that being, it leaves that sin and reaches the end of its journey. Now it only awaits the moment in which the Father will call it, for it has come to the conclusion that the Divine Law is just, that the will of God is perfect, and that the Father lives in order to give life and salvation to his children.

When the last day comes, it feels death in its flesh and has no pain; it departs silently and respectfully. It contemplates itself in the spirit, and as if it had a mirror before it, sees itself as beautiful

and radiant with light. Then the voice speaks to it and asks, Child, where are you going? And knowing who it is, it approaches the Father, allows his light to invade its being and speaks thus: O Creator, O Universal Love, I come to you to rest and to give to you the fulfillment of My mission.

The account is settled; the spirit is healthy, cleansed and free of the chains of sin, and sees before it the reward which awaited it. (33, 15-16)

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In other worlds the spirits also enjoy free will, and they sin and lose the way, or persevere in the good and therefore manage to ascend, just as you do on earth. But at the indicated moment, those destined to come to this world, descend to it either to fulfill a noble mission, or to atone in restitution.

According to their desire to see this earth, it will seem to some a paradise, and to others a hell. That is why, when they understand the mercy of the Father, they see only a marvelous life sowed with blessings and teachings for the spirit: a road that brings them closer to the Promised Land. (156, 33)

Let no one rebel at the idea of having to return to this planet in another body, nor think that reincarnation is a punishment for the spirit. All spirits destined to live on the earth have had to pass through the law of reincarnation in order to achieve their evolution and carry out the mission I have entrusted to them.

It is not only the spirits of little elevation that must reincarnate again, the elevated spirits too return time and again, until their work is finished. (122, 25-26)

Everyone travels along the ladder of spiritual perfection; some have attained the evolution that for the time being you cannot conceive of, while others are behind you.

The great spirits, who are great because of their struggle, their love and their effort, seek harmony with their minor brethren, with those who are distant and with the negligent; their missions are noble and elevated, their love toward My Divinity and you is also great.

Those spirits know that they were created for activity, for elevation; they know that inactivity is not for the children of God. Within Creation everything is life, movement, equilibrium, harmony; and thus, those innumerable beings work, thrive and rejoice in their struggle, with the knowledge that in that way they glorify their Father and help toward the progress and perfection of their brethren.

It is necessary for you to know that those spirits, in their love and respect for the laws of the Creator, never take what is not theirs, neither do they touch what is prohibited, nor penetrate into places where they know they should not, so as not to disharmonize the elements of Creation. (20; 28-30, 32)

When your spirituality permits you to feel and prove the presence of your brothers and sisters who invisibly, without any ostentation, work for your welfare and your progress, you will feel sorrow at having made them work and suffer so much due to your sins. Yet, when this comprehension arises in you, it will have done so because the light shines in your understanding, and from it will spring charity, gratitude, and understanding.

You have so many brothers and sisters and so many friends in the “spiritual valley” which you do not know. (334; 73, 75)

When will man prepare himself to listen to the wise counsel of the Spiritual World, and in that manner be guided by their inspirations? (20, 34)

## Chapter 9

### Matrimony, Family, Education

In the beginning the human being was divided into two parts, thus creating the two sexes, one the man and the other the woman. He would have strength, intelligence and majesty; the woman would have tenderness, grace, and beauty. The man as the seed, and the woman the fertile land. There you have two beings who can feel complete, perfect, and happy only when they are united, for with their harmony they will form one single body, one single will, and one single ideal.

This union, when inspired by the conscience and by love, is called matrimony. (38, 30-31)

That is why I have instituted and sanctified matrimony, because in the union of those two beings, spiritually equal but corporeally different, a perfect condition prevails. (66, 69)

To one and all I ask: "Do you have children? Then have charity for them; if you could, for one moment, see those spirits, you would feel unworthy to call yourselves their parents. Do not give them bad examples; take care not to raise a scandal in the presence of your children.

I know that in these times, more than ever, there are problems in the bosom of marriages that find only a single solution: distancing, separation.

If this humanity had the necessary notion of spiritual knowledge, it would not fall into such grave error, for it would find the inspiration to resolve the most difficult periods and overcome the most difficult trials in prayer and spirituality.

## Chapter 9

My light comes to all hearts, to the sad and the beaten, to encourage them. (312, 39-42)

Man and woman take the fruit of life without preparation, unaware of their responsibility before the Creator when they bring new beings to incarnate on earth. (34, 14)

Some ask Me: "Lord, by chance, is human love wrong and abominable in your sight? Do you only approve of spiritual love?"

No people, it is true that to the spirit correspond the highest and purest loves, but in the flesh I also deposited a heart to love with, and I gave it senses so that through them you may love what surrounds you.(127, 7-8)

I have not come to ask superhuman sacrifices of you: neither have I asked that men cease being men to follow me, nor that women cease being women to fulfill a spiritual mission. I have not separated the husband from his wife, nor the wife from her husband to serve Me, nor to parents have I said to abandon their children and cease working to follow Me.

To one and all, upon converting them to laborers in My fields, I have made them understand that by being My servants, they do not cease to be human, and therefore must know to give to God what is God's, and to the world what is of the world. (133, 55-56)

Keep vigil over the virtue of your family and the peace of your home. See how even the poorest of the poor can be the owners of that treasure.

Recognize that the human family is the representation of the spiritual family; in it, the man is converted to a Father, bearing real similarity to his Celestial Father; the woman, with her maternal heart full of love, is the image of the Divine Mother, and

the family that they form with their union is a representation of the spiritual family of the Creator.

When the parents have known how to prepare themselves, the home is the temple where you can best learn to comply with My laws. (199, 72)

Think seriously of the generations that come after you. Think of your children, who you must give spiritual life, which is faith, virtue, and spirituality, just as you have given them material existence. (138, 61)

Ignite in youth the love of their fellowmen; inspire in them great and noble ideals, for it will be they who tomorrow fight for an existence in which justice, love, and the sacred liberty of the spirit shine. Prepare yourselves all, for the great battle of which the prophecies have spoken, has not yet arrived. (139, 12)

Parents: Avoid mistakes and bad examples. I do not demand perfection of you, only love and charity toward your children. Prepare yourselves spiritually and physically, for the great legions of spirits from the beyond await the instant to incarnate among you.

I want the earth to be filled with men of good will who are the fruits of love. (38; 44, 46)

Today you have ceased to be children and you can now understand the essence of My teachings; you also know that your spirit was not born with the physical body you possess, and that the beginning of one is not of the other. Those children whom you rock in your arms, carry innocence in their heart, but in their spirit they hold a past at times much larger and difficult than that of their parents themselves. How great a responsibility there is for those who must cultivate those hearts so that their spirit attains progress along the road!

## Chapter 9

Not because of this, should you feel lesser love for your children. Think that you do not know who they are nor what they have done; rather, increase for them your charity and love and be grateful to your Father for having placed in you His mercy to convert you into guides and counselors of your spiritual brothers, whose bodies you become parents of by blood. (56, 31-32)

Understand that when the spirit is made flesh, it brings with it all its gifts, that its destiny is already written, and therefore it need receive nothing in the world. It brings a message or restitution. At times, it comes to gather a harvest, and other times to pay a debt, but always it comes to receive in this life a lesson of the love its Father gives it.

You who are guiding your children through this life, once they are past the age of innocence, put them on the road of My Law, awaken their sentiments, reveal to them their gifts, and induce them always to the good; and truly I tell you, who in this way comes to Me shall be bathed in the light that springs from the Divine fire, which is My love. (99, 64-65)

Spiritually, you have traveled a long road, and now you are surprised by the intuition and the development that the new generations show from their most tender infancy, because they are spirits that have lived much and now return to walk at the front of humanity; some on the paths of the spirit, and others on the roads of the world according to their gifts and their mission. Yet, in all of them, humanity will find peace. The beings of which I speak, will be your children. (220, 14)

Study the spirits that surround you and that cross your path in life so that you may appreciate their virtues and receive the message they bring you, or so that you may give to them what they must receive from you. (11, 26)

## Chapter 9

I give you the keys to open the gates to your eternal happiness. Those keys are of love: from which flows charity, forgiveness, understanding, and the humility and peace with which you must pass through life. (340, 56)

Illness and pain will be exiled from your lives when you live a healthy and elevated existence, and when death comes, it will find you prepared for the journey to the spiritual mansion. (117, 25)

I bless all of those who know to find in the warmth of the home the greatest joys of their existence, seeking, in the affection of parents for their children, of children for their parents, and of brothers and sisters, to create a form of worship; for that unity, that harmony, and that peace, are similar to the harmony that exists between the Universal Father and his spiritual family. (303, 29)

## Chapter 10

### Science, Religions, Spirituality

Every day now you are eating the bitter fruits of the tree of science, so imperfectly cultivated by men, because you have not sought the harmonious development of your faculties. How, after all, could you channel your works and discoveries into the path of goodness when you have developed only your intelligence, and have left your spirit and heart abandoned? (282, 15)

The proof that your scientific progress has not had the love of one another as its motive, is the moral degeneration of the peoples, the fratricidal wars, and the hunger and misery that reign everywhere: it is ignorance of the spiritual. (315, 54)

Science is light, light is life, strength, health, and peace. And are those things the results brought about by your science? No, humanity, and that is why I tell you, that while you do not permit the light of the conscience to penetrate the darkness of your understanding, your works will never hold an elevated, or spiritual principle, and shall never be more than human works. (358, 34)

The doctors shall also be called. I will ask them what have they done with the secrets of health, which I revealed to them and the balsam that I entrusted to them; I will ask if they have truly felt the suffering of others, if they have learned to descend to the most humble bed to heal with love the one who suffers. What will be the response of those who have attained greatness, comfort and luxury through the suffering of their fellow men, a pain that they were not always able to relieve? All of them will question

themselves within their heart and before the light of their conscience they will have to answer to Me. (63, 62)

Do not become vain with the fruits of your science, for now while so much progress has been made through it, is when humanity suffers most, when there is more misery, unrest, illness and destructive wars. (22, 16)

There exists confusion among mankind; for you have put those who have lead you to the abyss up on pedestals. For that reason, do not ask why I have come among men, nor judge the reason why I am communicating through the channel of sinners and the ignorant, because not everything that you judge as imperfect, is so.(59, 54)

I have not been mistaken in what I have done; man has certainly mistaken his route and his existence, but soon He will return to Me like the prodigal son who squandered all his inheritance.

With his science He has created a new world, a false kingdom. He has made laws, He has set up his throne and has appropriated for himself a crown and a scepter. But how fleeting and deceiving is his splendor! A weak gust of My justice is enough for their foundations to be shaken and all their empire to crumble. Nevertheless, the kingdom of peace, of justice and of love, is very distant from the heart of mankind, who has not been able to conquer it.

I have already told you that the spirit is before the flesh, as the body is before the garment. That body that you possess is merely a passing fashion of the spirit. (80; 49, 53)

I have told you that this humanity shall one day reach spirituality, and will know how to live in harmony with all that has been created, and to march together harmoniously in heart, spirit, and understanding. (305, 11)

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Human evolution, with its progress, its science, and its civilization has never had as its goal the elevation of the spirit, which is the highest and most noble of what exists in man. His aspirations, his ambitions and his yearnings, have always been his goal in this world. It is here that they have sought wisdom, here that they have accumulated treasures, and here that they have chased after pleasure, honors, awards, powers, and praise. They have wished to find their glory here. (277, 42)

I want you to have yearnings and ambitions, and that you dream of being great, strong, and wise, but in the eternal goods of the spirit.

For reaching those goods requires all the virtues such as: charity, humility, forgiveness, patience, and nobility; in a word: love. And all these virtues elevate, purify, and perfect the spirit. (288, 32)

When men find themselves spiritually is when they feel in themselves the presence of the Father, but while they do not know who they are nor where they come from, they feel Me to be distant, strange, and unreachable – or they remain incensing.

Only when awakened can the spirit enter the kingdom of truth; man cannot know it by science alone. (139, 40-41)

The men of science, full of vanity, have come to consider the Divine revelations as unworthy of attention. They do not wish to ascend spiritually to God, and when they find something they cannot understand, they deny it so they will not need to confess their inability and their ignorance. Many of them do not want to believe in anything they cannot prove.

What comfort can these men carry to the hearts of their fellows, when they do not recognize the principle of love, which is what governs Creation, and do not know the spiritual meaning of life. (163, 17-18)

O! Men and women of the world who have forgotten in your sciences the only thing that will make you wise and happy; you have forgotten about the love which inspires all, the love which does everything and changes everything! You live in pain and in darkness, for by not practicing the love which I teach you, you bring about your physical or spiritual suffering. (16, 31)

Ask your wise men, and if they are sincere they will tell you that they have asked God for inspiration. And I would give them more inspiration if they would request it with greater love for their brethren and less vanity for themselves. (17, 59)

There is found, in the great works of humans, the influence and labor of higher spiritual beings who work and vibrate continuously in men's understanding, inspiring and revealing the unknown to their incarnated brothers. (182, 21)

Vanity is harbored in those who, believing themselves to have reached the complete knowledge of the truth, have considered themselves wise, strong, infallible, great and absolute, without realizing that many times they have been confused. (27, 3)

Nowadays, men feel themselves to be great; they exalt their own character, and are embarrassed to proclaim God, calling Him by other names so as not to compromise their pride or bring themselves down from their own pedestals. That is why they call Me: "the cosmic intelligence" or "the architect of the universe," but I taught you to say "My Father" or "Our Father" in the Second Era. Why do men believe calling Me "Father" lowers them or diminishes their stature? (147, 7)

I ask the men of this time, who consider themselves to be the most advanced in history of the world. Have you not found, with all your talent, a way to make peace, to achieve power, and obtain wealth that does not mean killing, destroying, or enslaving your

fellow men? Do you believe that your advancement is true and real when, morally, you are dragging yourselves through the mud, and spiritually wandering in shadows? I do not fight with science, since I inspired it in man; what I censure is the purpose to which you sometimes put it. (37, 56)

How far men have fallen in their materialism, coming even to deny the one who created all. How has the human mind been able to confuse itself so? How has your science been able to deny Me and profane life and nature? How? (175, 72)

I have come again to give men My word so they know they are not alone, so that they awaken to the voice of their consciences, and know that after this life, great Divine wonders await their spirits.

I have spoken to men about those wonders, and it is verified by He who knows how to pray to put himself in contact with the spiritual, just as it is by He who through science looks deeply at the Mysteries of nature. By those two paths, the mind, and the spirit, find more, the more they seek.

Yet, when will man's study and research be inspired by love? Only then will his works in the world be solid; for as long as ambition, pride, materialism, and hatred are the motives of science. Men will continue to be called to account by the unleashed elements punishing their recklessness.

How many there are who are puffed up by evil, pride, and vanities! How many there are who have fitted themselves with crowns while being naked and miserable in spirit. How great the contrast between My truth and what you believe to be your truth. (277; 31-32, 36)

If men would feel a true love toward their brethren, they would not have to suffer the chaos in which they find themselves, everything around them would be harmonious and peaceful; but

they do not understand that Divine love, and they want only the truth which reaches the mind, not the one which reaches the heart, and there they have the result of their materialism: a humanity that is egotistical, false and filled with bitterness. (14, 42)

Today I tell you that spirit and matter are not opposing forces; harmony must exist between them. My spiritual revelations are light, and so are the revelations and discoveries of science. Yet if you have heard Me censure the work of scientists, it is because many of them have taken the energy, the elements, and the previously unknown forces of Nature for unchecked ambition and earthly dominion, and for the depraved purposes of destruction, hatred, and revenge.

I should tell you that to those who have acted with love and for good ends on their missions, to those who have respectfully and humbly penetrated My arcane, it has pleased Me to uncover great Mysteries for the benefit of My daughter, humanity.

This is the Era when you must understand that all the light belongs to My Spirit, and all that is life is from My Divinity, because I am the arcane: the source and the beginning of all creation.

These disputes between the spiritual and the scientific will disappear from mankind, so much so, that spirituality and science will unite in one single light to illuminate the path of man to the infinite. (233; 30-31, 33-34)

Humanity, humanity, crushing against each other! I find you denying your iniquity and boasting of what you believe to be your greatness even as you conceal your blemishes. I tell you that the man who, flattered, believes in his own apparent greatness is poor in spirit. And of those who lacking virtues, whisper of the defects of others, judging their faults, I must say are hypocrites who are very far from justice and truth.

Not only those kill, who take the life of the body, but also who destroy the heart with deceit. Those who kill the sentiments of the heart, faith, and ideals, are assassins of the spirit, and how many of these go freely without prison or chains.

You have become so inured to evil, that even those men who invent new weapons of death you call great, because in an instant they can destroy millions of beings and yet, you call them wise. What is your reasoning? Greatness can only be of the spirit, and only He is wise who travels the path of truth. (235; 36-37, 39)

The great nations rise up proclaiming their might, menacing the world with their weapons and boasting of their intelligence and their science, not realizing how fragile is the false world they have created, for a small touch of My justice shall be sufficient to make that artificial world disappear.

It shall be the hand of man which destroys his own works, it shall be his own mind that invents the means of exterminating what He first created.

Upon the ruins created and destroyed by a materialistic humanity, a new world shall arise, whose foundations shall be in experience, and which will have as its purpose the ideal of spiritual elevation. (315, 55-56)

**Humanity:** If all the efforts you have dedicated to prosecuting bloody wars had been dedicated to executing humanitarian works, your existence would be filled with the blessings of the Father, but men have used the riches they have accumulated to sow destruction, pain, and death.

This cannot be the true life, that which must be lead by those who are brothers, and the children of God. This form of life is not in accord with the Law I have written in your consciences.

To make you understand the error in which you live, volcanoes shall arise, fire shall surge from the earth to exterminate the evil seed. The winds shall be unleashed, the earth

## Chapter 10

shall tremble, and the waters shall sweep over regions and nations. (164, 40-41)

The heart of this humanity is hard and deaf. It will be necessary for the cup of bitterness to reach it before it will be able to hear the voice of conscience, the voice of the law, and Divine justice; all will be for the salvation and eternal life of the spirits, which are whom I seek. (138, 79)

My doctrine comes to enlighten you so that you may free yourselves of the great suffering announced for humanity through the prophets of past eras.

It is in the elevation of your lives that you can find the power or virtue to save yourselves from the actions of the unchained elements, for it is not the weapons of faith and prayer alone that will give you victory over the vicissitudes and adversities of life: that faith and prayer must be accompanied by a life that is virtuous, clean, and good. (280; 15, 17)

How long will it take for humanity to evolve to where it will understand My love and feel My presence through its conscience? When humanity obeys My law and hears My voice advising it, that will be an indication that humanity has left behind the eras of materialism.

In the meantime mankind will still have to be touched by the elements of nature in different ways until they are convinced that superior forces exist and that man's materialism is highly inferior to those forces.

The earth will tremble. Water will cleanse and fire will purify humanity.

All the elements and forces of nature will make themselves felt throughout the world where human beings have not known how to live in harmony with the life which surrounds them. (40, 20-23)

Many peoples have fallen to the depths of the abyss of materialism, and others are yet to succumb; the pain of their fall, however, shall wake them from their deep slumber.

Those are the nations that after a period of splendor tumbled into the abyss to sink into the darkness of pain, vice, and misery. Now, it is not a people, but all of humanity that runs blindly towards [spiritual] death and confusion.

When men, upon grasping the scepter, have allowed their hearts to fill with impiety, pride, and insane passions, dragging their peoples into degeneration, My justice has come to remove them from power.

At the same time, however, I have ignited a torch before them to illuminate the road of salvation for the spirit. What would become of men if in the moment of their trials I abandoned them to their own devices? (105, 45-47)

From precipice to precipice man has descended spiritually to the point of denying Me and forgetting Me, even to the extreme of denying himself and disowning his essence, which is his spirit. (173, 21)

Man, making use of his free will, has so twisted the road as to forget from whom He originated, and has gone to the extreme of considering virtue, love, goodness, peace, and brotherhood to be alien to his nature, while seeing selfishness, vice, and sin as completely natural and legitimate. (161, 21)

I shall permit the hand of man to carry out destruction, death, and war, but only to a certain point; beyond that limit, the depravity, the obfuscation, and the ambition of men shall not pass. (345, 91)

Already you are in the Third Era, and still humanity is spiritually backward. Your ministers, your theologians, and your spiritual pastors do little good, and sometimes reveal nothing of eternal life. To them also, I reveal the Mysteries of My Arcane,

and I say to you: Why do they hide them? Why do they fear to waken the drowsy spirit of mankind? (245, 5)

My Doctrine teaches you a perfect form of worship, spiritual and pure toward the Father, for the spirit of humanity has arrived, without realizing it, at the threshold of the Lord's temple, where it will enter to feel My presence, to hear My voice through its conscience, and to see Me in the light that descends upon its minds.

The emptiness that men feel within their various religions in this Era is because the spirit hungers and thirsts for spirituality; rites and traditions are not enough for it. It yearns to know My truth. (138, 43-44)

Each religion is a path, some more perfect than others, but all lead you toward good and to try to reach the Father. If there is something in the religion you know that does not satisfy you, do not lose faith in Me; walk on the road of charity and you will be saved, for My road is illuminated by the virtue of love. (114, 43)

The religions are small truths that lead spirits to the true path by which they may ascend, step by step, to come to Me. While men profess different faiths on earth, they are divided, but when they have taken the path of love and truth, they will have joined and identified with that single light, for the Truth is one only. (243, 5)

The unification of the religions shall occur when the spirit of humanity has ascended above materialism, traditions, prejudices, and fanaticism; for then men will have united spiritually in a single worship: doing good out of love of God and fellow man. When it is thus, humanity shall enter a period of perfecting itself. (187, 43)

“Love one another.” That is the maxim, My supreme commandment to man, without distinction of creed or religion.

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Approach one another through that maxim and you will find me present in each of you. (129, 40-41)

The only goal of My Work is the spirituality of all men, because in spirituality they shall have to identify and understand themselves. In spirituality they shall see disappear the names and the exterior forms of their religions, which have been the cause of their spiritual distancing brought about by each interpreting God differently.

Spirituality is all I ask of men in this time, and within what is right, they shall see their greatest ideals fulfilled and their greatest conflicts resolved. (321, 22, 29)

You have entered the Era of the Spirit, that of the great revelations, in which materialism, imposture, and imperfection will disappear from all worship; in which all men, through the spirit, shall recognize God, who is all Spirit, and on that road find the means of perfect communication. (195, 78)

This is the Era of understanding, of illumination of the spirit and the mind, in which man will finally seek Me spiritually, for He will recognize that God is neither a person nor an image, but Universal Spirit, unlimited and absolute. (295, 29)

This is the Third Era, in which I have come to teach you the lesson that must spiritually unite humanity, for it is My Will that languages, races, and different ideologies no longer be an obstacle to its unification. The essence with which I formed each spirit is the same that all possess, and the substances that make up the blood that runs through the veins of men is the same in all. Therefore, all are equal and worthy of Me, and I have come again for all of you. (95, 9)

The transformations that human life suffers will be so great, that it will seem to you as though this world had ended, and another been born. (135, 53)

Perversity, selfishness, arrogance, vice, lies, and all that has shadowed your lives, shall fall like broken idols at the feet of the worshipers to give way to humility. (295, 65)

You are spirits. It is necessary that you recognize what a spirit is so that you can understand why I call you to the road of perfection. (174, 60)

In spite of your dwelling in different planes, be united in spirit and one day you will be reunited in the seventh and highest stage, enjoying My love. (8, 27)

How many times must you return to the earth to bear a body through which the message you bring to the world is manifested with ever more clarity? (142, 72)

Do you fear to speak to your brothers of the reincarnation of the spirit? Are you not persuaded of the loving justice it holds?

Compare this form of restitution with the form men use to frighten the spirit of humanity: eternal punishment in the perennial flames of the inferno. Tell me which of these two forms gives you an idea of justice that is Divine, perfect and merciful.

One of them reveals cruelty, limitless rancor, and [a desire for] revenge; the other contains only forgiveness, charity, and hope of reaching eternal life. Oh, how great a twisting My teachings have suffered through bad interpretations. (120, 15-16)

It suffices for you to know, as I said to you in My Word, that the reincarnation of the spirit is truth, so that a light may be kindled in your heart and for you to admire more My loving justice.

Compare the theories and diversified interpretations that the religions have given these teachings, and lean toward the one that contains a greater justice and has a greater reason.

But verily I say to you, that this is one of the revelations that will more deeply touch the spirit during this period in which there is an awakening of intuition regarding this great truth. (63, 76)

The Divine revelations, the Law of God, My doctrine, and My manifestations have made you understand from the beginning that man is a being subject to evolution. Why then do none of your religions give evidence or proof of this truth? (265, 24)

In this time there is a struggle between ideas and doctrines. Each man wants to be [thought] right, but who can be right in this contest of selfishness and interests? Who can be the owner of the truth?

If those who believe they possess truth and are on the perfect road, become vain for that reason, I can tell you truthfully that they do not yet know that road, for on that road, it is necessary to have humility, and it is enough to fail to recognize the truth contained in the beliefs of others, to cease being humble. I told you since the Second Era: "Blessed are the meek and humble of heart." (199, 4-5)

Today, every man believes He knows the entire truth: Each religion says it possesses the truth, and the men of science claim to have found it. I tell you, absolutely no one knows the Truth, for the part revealed to men has not been understood by them.

All men bear within themselves a part of the truth and part of the errors that they mix with the light of truth.(322, 15-16)

Today men live in an age of confusion, because they have not yet come to understand that all of their lives and struggles should lead them to the development of the spirit, whose goal must be the communication of the spirit with the Creator.

The worship that most men of today profess is that of materialism.

While the doctrines and religions persist in their differences, the world continues to foster hatred, and cannot take the decisive step to true worship.

But when will men understand, and unite, taking thereby the decisive first step toward the love of one another, given that there are still men who believe they possess the key or the secret, to the salvation of the spirit and the keys to eternal life, and who disown all those who go by other paths, because in their judgment, they are unworthy to come before God?

Understand then, the true purpose of Spiritualism, whose Doctrine is above all religion, all human ideas, and all sects. (297, 38-41)

The works of men, their customs and ways of impressing the senses to flatter and exalt themselves in their various religions, are contrary to what My Work comes to show the world. (363, 9)

When mankind understands the truth of this teaching, its justice and the infinite knowledge that it reveals, they will reject from their heart all fear, all prejudice and they will adopt it as a norm of their life. (24, 51)

Behold this humanity confused, because the great religions which call themselves Christians, give more importance to what is ritualistic and external than to My own Doctrine. That word of life that I sealed with deeds of love and blood upon the cross, no longer lives within the heart of men, it is locked and silent in aged books covered with dust. And there you have a Christian humanity who does not comprehend nor has the knowledge nor knows how to imitate Christ. (72, 47)

After My departure in the Second Era, My apostles continued My work, and those who came after My apostles continued their labor. They were the new laborers, the cultivators of that great land prepared by the Lord, fertilized with his blood, his tears, and his Word, cultivated by the work of the first twelve, and also by those who followed them, but as time passed from generation to generation men Mystified or adulterated My Work and My Doctrine.

Who told men they could make My image? Who told them to represent Me hanging from the cross? Who told them they could make the image of Mary, the forms of angels, or the face of the Father?

Oh men of little faith, who in order to feel My presence, have had to materialize the spiritual. (113, 13-15)

Humanity did not persevere in My teachings, but preferred to take My name to create religions according to their interpretation and convenience. I abolished traditions and taught the Doctrine of love, and today you come to Me presenting Me with vain rites and ceremonies that do nothing to benefit the spirit. If there is no spirituality in your works, there can be no truth, and what does not have truth cannot come to the Father. (151, 3)

Humanity saw Jesus suffer and His teachings and testimonies are believed by you. Why continue crucifying Him in your sculptures? Are the centuries not enough that you must keep on exhibiting Him as the victim of your wickedness?

Instead of remembering Me in the torments and agony of Jesus, why do you not recall My resurrection, full of light and glory? (21, 15-16)

What does it profit that the symbol of Christianity, the cross, is found upon millions on the earth, if men are not of good will, and if they do not love one another. (280, 66)

And so, complying with that religious tradition you imagine you are fulfilling your duty to God; you try to quiet your conscience, and believe you are assuring your passage to Glory.

Such ignorance, humanity! When will you wake up to reality? Don't you realize that complying with your religions gives nothing to Me or to your own spirit? (265, 24-26)

And so, though you raise enormous temples in My honor, though you offer feasts and ceremonies full of splendor, your

offerings will not reach Me, for they are not of the spirit. All external worship bears in it vanity and ostentation; in contrast, the quiet offering, that which the world never sees and that you offer Me spirit to Spirit, that reaches Me because of its humility, its sincerity, its truth. In a word: Because it proceeds from the spirit. (280, 68)

I have come to teach you the true fulfillment of the Law, so that you may convert this world into a great temple where the true God will be adored, and where the life of man is a constant offering of love to his Father, whom He must love in each one of his fellows, giving tribute thereby to his Creator and Master.

And now that I have returned to mankind, what do I find? Lies and selfishness have replaced truth and charity; arrogance and vanity in place of meekness and humility; idolatry, fanaticism, and ignorance instead of light, elevation, and spirituality; profit and profanation where only piety and righteousness should be; hatred and war unleashed among brothers have been substituted for peace and love. (154, 18-19)

Humanity cultivates many trees; the hunger and misery of men leads them to seek from them the shade and fruit that offer salvation, justice or peace. Those trees are the doctrines of men, inspired many times in hatred, selfishness, ambition, and in delusions of grandeur. Their fruits are death, blood, destruction, and the outrage of that which is most sacred in the life of men, which is the liberty to believe, think, and speak, in a word, He is deprived of the freedom of the spirit.

Such is the darkness that arises to struggle against the light. (113, 52-53)

I do not come to awaken religious fanaticism among men; My doctrine is very distant from the teaching of falsehoods. I want reform, faith, charity, and spirituality. Fanaticism is a blindfold of darkness, an insane passion, it is gloom. Keep watch

so that evil seed does not penetrate your heart, and beware, for fanaticism sometimes takes on the appearance of love.

Great whirlwinds are approaching that darkness of religious fanaticism and idolatry, and must purify the spiritual worship of this humanity. When that work has been done, the rainbow of peace will shine in the infinite. (83; 60, 62)

One of the most serious defects is that of hypocrisy; do not proclaim love while incapable of loving Me in your fellow men.

How many of those who have judged the kiss of Judas, do not want to see that they have given a kiss of apparent fraternity to their brother and behind his back have betrayed him! How many of those who say that they are serving the needy I see delivering light, truth and charity in exchange for coins. (75, 34)

No one is authorized to judge the actions of his brothers, for if He who is clean does not do so, why should He who bears stains in his heart?

I tell you this because you are constantly examining what is sown by your brothers, expecting to find defects in it, to then show them your own sowing to humiliate them saying that your own work is cleaner and more perfect. (131, 55-56)

Just as I announced My coming in the Second Era, I announce to you now the war of creeds, ideas, and religions, as the event foreshadowing the establishment of My reign of spirituality among men.

My word, like a sword of fire shall destroy the fanaticism that for centuries has enveloped men, shall pull back the veil of ignorance, and point out the white, luminous road that leads to Me. (209, 10-11)

I tell you that for the peace of My reign to be established among men, a war of doctrines, religions, and ideas shall still be necessary, a war in which one doctrine rises to combat another,

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and in which some use My name and My truth to confront the false gods of others.

That shall be the new contest, the spiritual battle in which the false gods fall from their pedestals, and all the falseness you had held as truth is revealed. You shall see how among that chaos of confusion and darkness, the splendid truth shall shine. (121, 40)

That battle of ideas, that contest between creeds and ideas, that struggle, are indispensable to make all the defects and errors accumulated in the depths of every cult and institution come to light. (323, 20)

Spirituality is what I expect of the world, before Me the names with which each sect or religion distinguishes itself have no importance, nor do the greater or lesser splendor of their rites and outward worship; those things reach only human senses; they do not reach My Spirit. (326, 21)

The ministers of these times adorn themselves royally to officiate symbolically at the sacrifice of Jesus, but in spite of the fact that they claim My name and My representation, I find their minds disturbed, their hearts scourged by the winds of intrigues and passions. There is not one who like a prophet proclaims that I am among the men of this time. They shall feel great bitterness, for there is no spiritual preparation among them. Where is the compliance of those who swore before Jesus to follow in his footsteps? Where are the imitators of My apostles? Are there none who are like John, who was among the first, or Paul, who was of the later?

That is why the Master comes again to renew his lesson to you. I see already the new Pharisees and scribes, full of hatred, throwing themselves at Me; that shall be when I ask: "Where are My disciples?" And when those who are arrogant, those who are fraudulent, those of the rich that fear to lose their power, and those threatened by My truth, mock and persecute me – hurricane winds shall blow, and it shall not be I who fall beneath the weight

of the cross, but they who asked that He who gave them life be sacrificed. (149, 32-33)

My Doctrine, and My Name, shall be the target of all sorts of attacks and persecutions; it shall be the motive of your persecution by the enemies of truth; yet, My Doctrine shall also be the sword of light of those who rise up defending the faith, and it shall be the shield behind which the innocent are defended. My name shall be on all lips, blessed by some, and cursed by others.

How much confusion there shall be then. How many there shall be, who having believed that they had faith in Me, will be convinced that it was not true faith.

In many homes and hearts the light of love and hope will be extinguished; children and youths will have no other God but the world, and no more Laws but those of the earth. (300; 38, 40)

Evil has extended its kingdom and has been strong on earth, and it is precisely in this time that I bring My weapons to oppose these powers so that My Kingdom of love and justice may be established among men. (33, 33)

A new world is in preparation. The new generations are about to arrive, but before that occurs, it is necessary to separate the hungry wolves so that they do not prey on the sheep. (46, 66)

Man, upon distancing himself from the fulfillment of My law, has created ideas, theories, religions, and diverse doctrines that divide and confuse humanity, tying its spirits to materialism and impeding it from ascending freely. However, the light of My Holy Spirit illuminates all men, showing them the path of true life where there is only one guide, the conscience. (46, 44)

Pray, and see that this is the time in which My justice and My light have removed all the darkness. This is a difficult time full of dangers, for even the beings that inhabit the darkness shall pass themselves off among you as beings of light to tempt and confuse

you. I give you My light, so that you do not deviate from the road and are not deceived by those who use My name.

The tempters are not only from among the invisible beings, there are also those incarnated in men who speak of lessons that seem like those of the light, but which are in contradiction to My Doctrine. To these, do not listen. (132, 7-8)

The world has not learned My teaching, and has sustained its idolatry and fanaticism; that is the reason that today passes through the great crucible, draining the cup of bitterness, for their materialism has distanced them from Me. (334, 30)

Humanity these days, divided in peoples, races, languages, and colors, receives, from My Divine Spirit, its part of justice, the trials that correspond to each, the struggle, the crucible, and the restitution that for each man and each race I have waiting for them.

You know that My justice has love as its principle; that the trials sent man by the Father are evidence of love, that all leads to salvation, to good, even when in those trials there seems to be misfortune, misery or fatality.

Behind all of this is life: the protection and redemption of the spirit, and the Father, waiting always to hold out his arms with the greatest love for his prodigal son. (328, 11)

This is the time of judgment for humanity. My Divinity judges men, villages and nations, one by one; nevertheless, men have not become aware of that, nor do they know the time in which they live. That is why I have come in spirit, manifesting Myself through human spokesmen; through them I have revealed to you who it is that speaks, the time in which you live, and what your mission is. (51, 61)

Verily I say to you: You are living in the day of the Lord, you are already under His judgment. The living and dead are now being judged; past and present deeds are being weighed in this

scale. Open your eyes so that you can be witnesses that the Divine justice is being felt everywhere. (76, 44)

I tell you that although it is certain that very great trials await this world, the days of pain shall be shortened, for so great will be their bitterness that they shall cause men to awaken, to turn their eyes to Me, and to listen to the voice of conscience that urges them to compliance with My law. (119, 10)

You have had one opportunity after another to understand My infinite love for you. I have granted you spiritual gifts and given you the opportunity to correct your mistakes and to purify and perfect your spirit rather than condemning you eternally, as you previously believed. (289, 45)

Today is the time of great restitution for the spirit. My judgment has been open, and the works of each one have been placed in the balance. If that judgment seems great and sorrowful for the spirits, with them stands He who before being Judge, is Father, and who loves them. They are enveloped, too, in the love of your intercessor, Mary. (153, 16)

I have said that a very great ordealdraws nearer to mankind, so great that in all the history of its centuries and ages, it has not had any comparison. (24, 80)

The time approaches when the full weight of justice shall be felt in the world. All works, words, and thoughts shall be judged. All, from the great of the earth who govern its peoples, to the smallest and least known shall be weighed on the Divine balance.

But do not confuse justice with vengeance, nor restitution with punishment, for I merely permit you to gather and eat the fruits you have sown, so that you know by their taste and effect if they are healthful or harmful, and if you have sown badly or well. (239, 21-22)

Very bitter shall be the cup from which men must drink in the great battle, and yet, I tell you, happy shall be those who drink from that cup and depart from earth already purified, for when

they return in other bodies to this world, their message will be one of light, peace, and wisdom. (289, 61)

After this great chaos, the nations will recover calmness, and the elements will quiet. After the stormy night of the world, the rainbow of peace shall appear, all will return to their laws, their order, and their harmony.

Again you will see the clean skies, and the fertile fields, the waters in their currents shall regain their purity, and the sea shall be gentle; there shall be fruit on the trees, flowers on the prairies, and abundant harvests. And man, purified and healthy, shall return to feeling worthy, and will find prepared the road of his ascension and return to Me. (351, 67-68)

The spiritual valley shall come yet closer to men, to give them testimony of its existence and its presence. On all roads there shall be signs, evidence, revelations, and messages that insistently proclaim that a new Era has begun.

There shall be struggle, and there shall be upheaval in the peoples, for the religions shall sow fear in those who believe those messages, and science shall deny the truth of those happenings.

Then the humble shall rise up, sheathing themselves in valor, to testify to the truth of the evidence they have received: those who having been deprived of hope by science shall recover their health spiritually, and testify of the miraculous cases that reveal a power that is infinite, and of absolute wisdom. (350, 71-72)

The revelation that speaks to you about the life of the Spirit, that teaches you to communicate directly with your Divine Father, and that helps you to evolve spiritually, I call Spiritualism.

Truly I tell you that Spiritualism is not something new that pertains to this period. It is a revelation that has gradually

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unfolded according to the spiritual evolution of humanity. (289, 20-21)

The conversion to spirituality will bring friendship and brotherhood between nations, but it is necessary that you prepare, for the contest will be great. If men rise in wars, it is not because this is My will, but because they have not understood the Law of God. (249, 48)

Keep always in mind that before Me you are all equal, that all of you had the same beginning, and that all bear the same purpose, though each destiny presents a different outward appearance.

Never forget that all of you must come to Me, which means that all, though in different ways, shall earn the merit necessary to reach the highest spiritual height; therefore, never consider none to be inferior.

Vanity should never sprout in the spiritualist, rather should He be always accompanied by true modesty; his acts, therefore, instead of dazzling with false light, shall resound in the hearts of his brothers. (322, 32-34)

The good sowers of spiritualism shall never be distinguished by the outward or the material. There shall be no habits, no insignia, nor any special manner of speaking for them. All their acts will be of simplicity and humility; if they are known for anything, it will be for their charity and spirituality.

The true preachers of spiritualism shall not be noted by the floweriness of their language, but by the wisdom and simplicity of their words, but above all for the truth in their works, and the goodness of their lives. (194, 24-25)

Spiritualism is not a religion; it is the same Doctrine that in the body of Jesus I came to pour out over the world for the orientation of all men in all times. It is My Doctrine of love, justice, understanding, and forgiveness. (359, 60)

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The altar I leave you, and on which you shall celebrate your worship as I expect, is life beyond any limitations, beyond all religions, churches, and sects, for it exists in the spiritual, in the eternal and Divine. (194, 28)

Spiritual enlightenment is revealing to the world the truth, the justice, the reason, and the love that exist in the spiritual gift of reincarnation. Nevertheless, in the beginning the world will fiercely battle this revelation, labeling it as a strange and false doctrine in order to make men of good faith distrust it.

The efforts of the religions to maintain their faithful in the routine of old beliefs and methods beyond their time shall be useless and vain, for none can stop the Divine light that penetrates to the depths of understanding, awakening the spirit to an Era of revelations, of Divine confidences, of clarification of doubts and Mysteries, and of spiritual liberation.

Nor shall any be able to hold back the torrent that forms when humanity rises in search of its liberty of thought, of the spirit, and of faith. (290, 57-59)

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### Development of Spiritual Gifts and Good Qualities

Thus, as in all times, the life of man has been divided into eras, or ages, and each of them has been defined by something, whether by its discoveries, by the Divine revelations received, or by its development in the sense of beauty, which they call art, or by its science; so the Era which now begins, the Era that is arriving like a new dawn, will be typified by the development of the gifts of the spirit, the part that you should have cultivated in order to avoid so many evils, and which you always left to later.

Do you not believe that human life can transform itself totally, developing spirituality, cultivating the gifts of the spirit, and establishing the law dictated by the conscience in this world? (135, 53-54)

This is the Era that I have long wished to live in the heart of man, but which has been continually battled against and destroyed by man. A time whose clarity is seen by all, and under whose light all the children of the Lord are united; not in a religion of men that chooses some and rejects others, that proclaims its own truth and denies that of others, that employs unworthy weapons with which it imposes itself, or that gives out darkness instead of light. (135, 59)

This is the Third Era, in which the spirit of humanity must liberate itself from the chains of materialism; this shall bring about the greatest struggle of ideas in the history of man. (295, 64)

Abolish pain. The life I created is not painful; the suffering comes from the disobedience and faults of the children of God. Pain is a characteristic of the life that dissolute men have created. (134, 57)

Truly, the Master tells you: I have prepared a Kingdom of peace and perfection for all spirits, yet, that Kingdom that I have prepared is opposed by another kingdom: the world. If My realm is reached by means of humility, love, and virtue; to possess the other kingdom requires pride, ambition, arrogance, greed, selfishness, and evil.(327, 3)

The spirit which knows how to be watchful will never depart from the route traced for him by his Lord, and He is able to employ his heritage and his gifts until He achieves his elevation.

That being shall progress in his trials, for He lives alert and never allows himself to be dominated by the material. He who prays and keeps vigil shall always emerge triumphant from the difficult times and will know how to walk with firm steps on the path of life. (278, 2)

When you are humble, you will be great. Greatness does not lie in pride and vanity as many believe. I have told you throughout the times to be meek and humble of heart.

Acknowledge Me as your Father and love Me. Do not seek a throne for your material body or a name to distinguish you from the rest. Do not seek to be different from others and always practice good will. (47, 54)

Do not weaken in faith or hope, keep always in mind that the end of this journey will come. Do not forget that in Me you had your beginning, and in Me too shall be your end; and that end is eternity, for there is no death of the spirit.

Keep your spirit always moving forward so that you never cease to perfect yourselves. (95; 4, 6)

Great is your destiny! Yet do not be thereby dominated by sad presentiments, but fill yourselves with hope and courage thinking that the days of bitterness that approach are necessary for the awakening and the purification of men, without which you can never see the triumphal entry of the time of spirituality. (292, 45)

Spirituality means the elevation of the sentiments, purity in life, faith, love of others, charity, humility before God, and profound respect for the gifts received. When you achieve any of these virtues, your spiritual gaze begins to enter the mansion of love and perfection. And therefore, when you reach a state of spirituality while still on earth, you will be able to say that you inhabit, at least in moments of prayer, the spiritual valley. At the same time, you shall receive the light that reveals events of the future, because for the spirit that has begun to ascend the future becomes less and less of a Mystery. (160, 6)

Intuition, which is clairvoyance, presentiment, and prophecy, clears the mind and makes the heart beat in response to the messages and voices it receives from the infinite. (136, 46)

How many Mysteries still exist for man! He is surrounded by invisible and untouchable beings that should already be visible and touchable.

A life full of beauty and revelations palpitates over the existence of men, and these in their blindness have not managed to see it. (164, 56-57)

See how all those that surround you fulfill their mission of giving; the elements, the heavenly bodies, the beings, the plants, flowers, and birds, all of them, from the greatest to the imperceptible, have the gift and destiny of giving. Why do you

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make of yourselves an exception when you are the most amply gifted with the Divine grace of loving?

Oh, how much you must grow in wisdom, love, virtue, and power so that you may be a light on the path of your smaller brothers! What a beautiful and elevated destiny your Father has provided for you! (262, 51-52)

To each one has been assigned a portion which He must guide or cultivate, and that mission is not ended by physical death. The spirit, in the spiritual world as in the material, continues to sow, cultivate, and harvest.

The greater spirits are those which guide the lesser, and these in their turn guide others that are still less developed, for the Lord leads all of them to safe pastures.

If I told you, that the greater spirits are those that guide the lesser; by that I do not say that those spirits have been great since the beginning and that the latter will always be smaller than their brothers. Those which are now great have become so by elevating and developing themselves in the fulfillment of the noble mission of loving, serving, and helping those who have not achieved the same grade of spiritual elevation: those that are still weak, and those that have become lost, or which suffer.

Those that today are small, will tomorrow be great through perseverance on the path of evolution. (131, 19-21)

If you are poor materially and for that reason you are unable to help your fellowmen, do not be afraid. Pray, and I will bring peace and enlightenment to those in need.

True charity, which gives birth to compassion, is the best gift that you can offer to the needy. If there is no love in your heart when you offer your brethren money, bread, or a glass of water, truly I tell you that you have not given anything. It would be better for you to keep what you have given. (306, 32)

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I have told you that if you offer a glass of water with true charity, that gesture will not remain unrewarded. (4, 80)

Moreover, I say to you: Blessed are those of My laborers who know how to feel in their hearts the sorrow of those deprived of liberty or health, and who visit and comfort them; for one day they will meet again, whether in this or another life; and you do not know if they then might have better health, and more freedom, and light than those who brought the message of love to them in a prison or a hospital. It is then that they will respond with gratitude, giving a hand to those who in another time gave it to them.

That moment when you made My word enter his heart, the moment when you passed your hand over his forehead and made him think of Me and feel Me, will never be erased from his spirit, just as your face and your brotherly voice will never be erased so that they will recognize you wherever you meet. (149, 54-55)

Through charity for your brothers you will purify your spirit, repaying thereby old debts, ennobling your human life, and elevating your spiritual life. (308, 56)

My people, the true healing balsam that is able to heal all illnesses originates from love.

Love with your spirit, love with your heart, and love with your mind, and you shall have strength enough to heal not only the illnesses of the body or to give consolation for small human miseries, but will also know how to resolve the spiritual Mysteries and the great anguish, confusion, and remorse of the spirit.

That balsam resolves the great trials, illuminates, calms sorrows, and melts away the chains of oppression. (296, 60-62)

What merit can a sick person, incapacitated for all struggle, earn? His merits may be great and many if He knows how to vest himself with patience and acceptance, if He knows how to be

humble before the Divine will, and knows how to praise Me in the midst of his pain then his example shall be light to many hearts that inhabit the darkness and who have given in to vice, or who think of death when some trial surprises them.

Those beings, upon finding in their paths an example of faith, humility, and hope arising from a heart that also suffers much because it bears a very heavy cross, shall feel that their hearts have been touched by a ray of light. (132, 38)

To bless means to saturate. To bless is to feel righteousness, to say it and to deliver it. To bless is to impregnate all that surrounds you with thoughts of love. (14, 60)

Do not see enemies, but brothers in all who surround you. Do not ask for punishment, so that you may give an example of forgiveness and so there is no resentment in your spirit. Seal your lips, and let Me judge your cause. (33, 58)

The forgiveness that comes from love is taught only by My Doctrine, and it contains a powerful force for converting, regenerating, and transforming the evil into good, and the sinner into a person of virtue.

Learn to forgive, and you will have the principle of peace in your world. If you must forgive one thousand times, then one thousand times you must. Do you not realize that an opportune reconciliation avoids draining the dregs of the cup of bitterness? (238, 13-14)

While you are men, remember Me on the cross, forgiving, blessing, and healing My executioners so that you, on your difficult road, may also bless those who have offended you and do all possible good for those who have done evil to you. Who acts in this way, shall be My disciple, and truly, I tell you, his pain will always be brief, for I will make My strength felt to him in the moments of his trials. (263, 56)

Forgive one another, and in this you shall find relief for yourselves and for He who has offended you. Do not carry upon your spirit the weight of hatred or rancor; be cleansed, and you will have found the secret of peace and will live as apostles of My truth. (243, 63)

In truth I tell you, that in the very instant that you award forgiveness to those who have offended, in all its fullness you will feel My peace, for in that moment your spirit will have united with Mine, and I shall extend My mantle to forgive and cover one and all with My love. (312, 51)

Someone usually asks Me: Master, if you forgive our faults, why do you allow us to cleanse them through suffering? To this I answer: I forgive you, but it is necessary for you to correct those faults in order for you to give back to your spirit its purity. (64, 14)

If many times I permit you to drain the same cup that you gave to your brethren, it is because there are some who only in this way realize the wrong they caused and by experiencing the same ordeal which they caused to others, they will become aware of the pain they provoked; this will give light to their spirit and bring understanding, repentance and, therefore, fulfillment of My Law.

But if you wish to pass through the pain without draining the cup of bitterness, you may do so: by paying your debt with repentance, good works, and all that your conscience tells you that you must do. In this way you may pay a debt of love, and return an honor, a life, or the peace, health, and joy, or the bread that you may have stolen from your brothers. (16, 53-54)

Pray for the troubled spirits, for those become materialists, for those in the bowels of the earth who have not yet managed to separate themselves from their bodies; and for those who suffer

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and weep because of the ignorant mourning on earth that follows them.

Pardon and cease judging too those who have sown ills in your heart; if your eyes could behold them on their knees begging your forgiveness you would not be so unjust to them. Help them to fly toward the infinite, raise them up with your charity, understand that they no longer belong to this world. (107, 15)

## Chapter 12

### Prayer, Meditation, Spiritualization, Visions

In the Third Era, My spiritual Doctrine shall give the spirit the freedom to spread its wings and ascend to the Father to offer him true worship. (229, 59)

This is the time for prayer and meditation, but prayer free of fanaticism and idolatry, and of meditation that is serene and deeply immersed in My Divine Word.

Every hour and every place can be appropriate for prayer and meditation. Never in My teachings did I tell you that there were places or times destined for prayer. Your spirit being greater than the world it inhabits, why confine Me to such limited images and sites when I am infinite? (279, 5-6)

I reject all that which is vanity and human grandeur, for only that which is spiritual reaches My Spirit, that which is noble and elevated, pure and eternal. Remember that I said to the woman of Samaria, “God is Spirit, and it is necessary that He be worshiped in spirit and in truth”. Seek Me in the infinite, in the pure, and there you will find Me. (36, 26)

Nor do I wish you to enclose your worship in material houses of worship, for you will thereby imprison your spirit and not allow it to open its wings to conquer eternity. (194, 27)

In contrast, the communication from spirit to Spirit shall reach all the human species, without limitation of time, for that means of seeking Me, of receiving Me, of prayer, of listening to and feeling Me, belongs to all eternity. (284, 43)

Be watchful and pray, I repeat frequently, but I do not want you to familiarize yourself with this pleasant advice, but study it and put it into practice. (9, 25)

People: The time when you must know how to pray has come to you. Today I do not come to tell you to prostrate yourselves on the ground, I do not come to tell you to pray with your lips, or that you clamor to Me with florid words in beautiful prayers. Today I come to tell you: Seek Me with your thoughts, elevate your spirit, and I will always descend to make you feel My presence. If you do not know how to talk to your God, your repentance, your thoughts, your pain, and your love will suffice.

That is the language that I hear and understand; the language of truth and sincerity without words, that is the prayer that I have come to teach you in this Third Era.

Whenever you have done good works you have felt My peace, tranquility and hope, and that is because the Father is very close to you. (358, 53-55)

Prayer can be long or brief according to the need. You may, if you so desire, spend long hours within that spiritual ecstasy if your physical body does not become tired, or if some other duty does not require your attention. And prayer may be as brief as a single second if you find yourselves subjected to some trial which has suddenly surprised you.

Wherever you are, you can summon Me, for the place is of no importance to Me since what I seek is the spirit. (40; 36, 38)

How many are there who hear My word, who have become great analyzers, and who nonetheless, are not the best of My disciples in practicing My Doctrine, and who do not fulfill the Divine precept which tells you: "Love one another."

In contrast, see how easily He who puts into practice even an atom of My teachings is transformed. Do you want an example?

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One who during his entire life had been telling Me He loved Me through recited prayers formed by others, in sentences that He did not even understand because they were made up of words He did not know, one day suddenly understood the true way to pray, and putting aside his old habits, and concentrating in the depths of his being, raised his thoughts to God, and for the first time felt his presence.

He did not know what to say to his Lord, and from his chest came forth sobs and from his eyes tears fell. In his mind, there was only a single thought, which was: "My Father, what can I say to you, since I do not know how to speak to you?"

But those tears, those sobs, that inner joy, and even his turmoil, spoke to the Father in a language so beautiful, that its like cannot ever be found in any of your human languages, nor in any of your books. (281, 22-23)

Make an effort to achieve true prayer because whoever knows how to pray, carries in himself the key to peace, to health, to hope, to spiritual strength, and to eternal life. (40, 43)

Prayer is a blessing which God has granted to man so that it will serve him as a ladder to elevate himself, as a weapon to defend himself, as a book to educate himself, and as a healing balsam with which to anoint himself and to heal all illness.

It is necessary that true prayer return to men, and it is I who have come again to teach it to you. (39; 12, 14)

The ill will gain health through prayer. Heads of states will resolve their great problems seeking light with prayer, and the man of science also will receive revelations through the gift of prayer. (40, 47)

This is the Era in which men realize the power of prayer, and for prayer to have true power and light, it is necessary that it be sent up to Me with love. (139, 8)

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How can men go wrong, if instead of doing his own will, He first ask the Father through prayer? Who knows how to pray lives in contact with God, knows the value of the benefits that He receives from the Father, and also understands the meaning and purpose of the trials that He passes through.(174, 3)

I taught you the powerful, masterly Word; that which truly brings the child closer to his Father. Upon pronouncing, with respect and sincerity, with elevation and love, with faith and hope the word “Father,” distances disappear, and spaces are shortened, for in that instant of spirit to Spirit communication, nor is God far from you, nor are you far from Him. Pray thus, and in your hearts you will receive great benefits of love. (166, 53)

Learn to pray, for with prayer you may do much good, just as you may defend against threats. Prayer is both shield and sword, if you have enemies you may defend yourselves with prayer, but know that this weapon must never wound or injure anyone, for its only purpose is to shine in the darkness. (280, 56)

Learn to pray and meditate at the same time, so that knowledge and understanding arise in each one of you. (333, 7)

If you learn to meditate a few minutes each day, and if your meditation is on the spiritual life, you will discover an infinity of explanations, and will receive revelations that you can not get in any other way. (340, 43)

Practice the silence which favors the spirit so that it will find its God; that silence is like a fountain of knowledge and all who penetrate into it, will be filled with the clearness of My wisdom. The silence is like a closed place with indestructible walls, to which only the spirit has access. Man constantly carries within his innermost, the knowledge of the secret place in which He can communicate with God. (22, 36)

When you are prepared and wish to know something, your thirst for light will attract the Divine light. How many times have I told you: Go up to the mountain, and tell me there your anxieties, your pains, and your needs.

Nature is a temple of the Creator, where all is raised up to worship Him; there you may receive the radiation of your Father directly and in complete purity.

There, far from selfishness and human materialism, you will feel wise inspirations coming to your heart that move you to practice good in your path. (169, 29-31)

I expect spirituality of men because it means the elevation of life, the ideal of perfection, the love of good, the worship of truth, the practice of charity, and harmony with oneself, which is harmony with others, and therefore with God. (326, 22)

Spirituality does not mean Mysticism, nor does it imply the performance of any rite, nor is it a [form of] external worship.

Spirituality means the development of all the faculties of man; those that correspond to the human part just as those that vibrate beyond the senses of the body and which are the powers, attributes, faculties, and senses of the spirit.

Spirituality is the fair and just application of all those gifts that man possesses.

Spirituality is harmony with all that surrounds you. (326, 63-66)

For the men of this era, the world and its pleasures are the reason for their existence; however, soon they will place the spirit before the flesh and the flesh before its garments, and instead of seeking mundane glories, they will go in search of the immortality of the spirit.

In the beginning there will be a fanaticism toward the spiritual; its fulfillment will be carried toward an extreme, but then the hearts will calm down and spirituality will emerge filled with truth and purity. (82, 30-31)

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Man has descended deep into an abyss and even to there the conscience has accompanied him, waiting for the propitious moment to be heard. Soon that voice shall be heard in the world with such great a force that you cannot imagine now.

But it will make mankind come out of their abyss of pride, materialism and sin, to be cleansed in the waters of repentance and begin to elevate themselves toward the path of spirituality. (79, 32)

My love shall be that which returns men to the road of light and truth. My love subtly entering each heart, caressing each spirit, manifesting itself through each conscience, shall transform the hardest rocks into sensitive hearts; it shall make spiritualized beings of materialistic men, and of hardened sinners men of righteousness, peace, and good will. (305, 35)

Men of science who have dedicated their lives to seeking tools and strength for destruction, upon feeling their judgment approach, shall turn to the path of truth to consecrate their last days to the moral and material reconstruction of the world.

Others, who in their pride had tried to occupy My place among the spirits, shall descend from their thrones to imitate Me among humanity; and those men who at one time agitated among the people promoting wars, shall come to see their errors and anxiously seek peace between men. (108, 39)

It is necessary to concede to those men ambitious for earthly things some moments more for their disillusion to be complete, so they may finally convince themselves that the gold, the power, the titles, and the pleasures of the flesh will never give them peace, or the well being of the spirit. (173, 57)

Mankind will certainly get tired of sowing hatred, violence and egotism. Each seed of hatred that they sow will multiply

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against them in such a way that their strength will not be enough to gather its harvest.

This result, unforeseen and superior to their human power, will detain them in their frenzied and senseless journey. Afterward I will perform a miracle in each heart by allowing charity to emanate where there was only egotism. (71, 30)

Then a new Era shall begin on earth, for you shall cease to see life from below, and begin to see it, to know and enjoy it, from the heights of your spiritual elevation. (321, 39)

When it is no longer the mind that leads the spirit in observing or understanding science, but the spirit that elevates and guides the mind, men will discover things that are unfathomable to them now, but which are in fact destined to be revealed when men have spiritualized their intelligence. (295, 37)

I have told you that the moment will come when the light shall shine from everywhere, in all lands and all continents. That light will shine according to the spiritual preparation of man, and through it a new and more accurate idea of creation will be formed, a new stage of spiritual evolution. (200, 41)

The concept of My divinity, of the spiritual life, and of the purpose of your existence shall begin to follow the true path, for each man shall be a good interpreter of what has been told him in parable and in a figurative sense by your Master, and by his envoys and prophets. (329, 25)

When wisdom shines in all men, who will dare to twist good to evil? Who would trade the eternal for the passing? None: I tell you truly, because all will be strengthened in the Divine wisdom.

Sin proceeds from ignorance and weakness. (160, 53-54)

You are mistaken if you believe any will be lost; I would cease to be God if even one spirit did not find salvation.

All those whom you call demons, are also spirits who sprang from the Father, and if today they are in confusion, they too shall find salvation. (327, 47)

The ladder the spirit ascends to its perfection is very great; on it you will find beings of infinity of gradations, and you will offer them that which you possess, and they, in turn, will give you something of their spiritual riches.

Then, you will discover that this is not the only world that struggles for its improvement. You will learn that on all the planets the spirit evolves, that on all of them it palpitates and grows, fulfilling its destiny; and I wish you to prepare to make alliance with all your brothers, that you communicate with them with a holy yearning to recognize, love, and help each other.

I yearn for you that harmony exist with your brothers on and beyond this planet that is currently your home; proffer ties of friendship, ask for help when you need it, and help those who ask for from what you possess. (320, 44-46)

When this teaching has been understood by men, they will have taken a step upward in their spiritual evolution, and this world will be the dwelling of advanced spirits. (231, 30)

In this world, which I gave to you as an earthly paradise, My will must be done, and a time will come when the spirits that have greatly battled and greatly evolved will come to this planet, and My Divine light will bathe the earth; and in it will be the fulfillment of My Law. (363, 44)

I have promised to send the great spirits of light to live among you; they await only the moment to come to earth to be made flesh and fulfill a great mission of restoration.

What will you need to teach these beings when they come to inhabit this world? Nothing, truly I tell you, for they shall come to teach, not to learn.

You shall marvel to hear them speaking even in childhood of profound teachings, sustaining conversations with the men of science and the theologians, startling the aged with their experience, and counseling the children and the young toward the good path.

Blessed shall be the home that receives one of these spirits in its bosom, and how grave shall be the charges against those who try to impede the fulfillment of the missions of My envoys.(238, 30-31)

In truth, I tell you, if men today are more material than spiritual, tomorrow they will be more spiritual than material.

Men have tried to materialize their spirit completely, but that complete materialization they will not accomplish, because the spirit is like a diamond, and a diamond never ceases to be one, even when it falls into the mire. (230, 54)

Men, without giving up their duties and missions in the world, will put their science, their strength, their talent, and their hearts into the service of My Divine cause. They will seek the healthy pleasures, those that are good for both the spirit and the material. They will fight for their regeneration and for their freedom, and they will not pollute themselves or take what is not necessary to them. And that is when evil and frivolousness shall disappear from the earth; the spirit will have achieved its complete dominion over its shell, and while still inhabiting the material form, will create a spiritual life of love, brotherhood, and peace.

That shall be the time when wars disappear, when there is respect and charity towards one another, when you realize that you cannot dispose of the life of another, nor even of your own; you will then know that you are not the owners of your own life, nor of those of your spouses and children, nor of this earth; rather, it is I who am the owner of all Creation; however, because you are

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My beloved children, all that is Mine, you too possess. (231, 28-29)

The material world, the planet, is not near to its disintegration; but the end of the world of sin and error, of darkness and bad science, shall come to an end with the light of My doctrine, and upon its ruins I shall raise up a new world of progress and peace. (135, 5)

Great will be the change that mankind will suffer in a short while: institutions, principles, beliefs, doctrines, customs, laws, and all orders of the human existence will be shaken from their very foundations. (73, 3)

All men, races, and nations will respond to the Divine call. They will listen once the spirit of man becomes weary of being a prisoner on earth. The spirit will arise and break the chains of materialism in order to proclaim its spiritual freedom. (297, 66)

What would happen if all men blessed one another, even without having met? Perfect peace would reign on earth, war would be inconceivable. (142, 31)

Even when in the present it seems impossible to cement peace among humanity, I tell you that peace will be made, and what is more, that men will practice spirituality.

The world will suffer many calamities before the establishment of that time, but those sufferings will be for the good of humanity in the material as well as the spiritual. It shall act as a limit to the unleashed run of selfishness, lust, and evil of men.

That will be when the order of your life changes. Selfishness will disappear and each person will make themselves useful to others. Men will be inspired by My justice to make new laws and govern the peoples with love. (232; 43-44, 47)

Sensitivity, presentiment, revelation, prophecy, inspiration, spiritual vision, healing, gift of speech, all of that and other additional gifts will pour out from the spirit, and through them men will confirm that a new Era has been unfolded before humanity. (80, 5)

In My Spirit there is a hymn whose notes none have heard, it is unknown to any in heaven or earth.

That song shall be heard in all the universe when pain, misery, darkness, and sin have been extinguished.

Those Divine notes shall find echo in all spirits, joining the Father and the children in that song of harmony and happiness. (219, 13)

The celestial music is the presence of God in you, and in the middle of that concert, your note shall vibrate when you have achieved true elevation, which is spiritual beauty. That is the celestial music and the singing of the angels. When you know and feel like that, the truth shall shine in your being and you shall feel that God is in you. Life shall offer you an eternal and Divine concert, and in every one of its notes, you shall discover a revelation. (199, 56)

A new song will arise from the spirit of all those who before were not able, but who have finally seen Me because, in spite of their imperfections, they sought Me, and you already know that He who seeks Me will always find Me.

But those who have denied Me, those who have fled Me, those who have hidden My name, and those who deny My presence, shall have trials put on their roads that will open their eyes and make them also see the truth. (292, 35-36)

When humanity knows My teaching, and penetrates its meaning, they will put their confidence in it and confirm themselves in the belief that it is the right road: a guide for all

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who yearn to live in justice, love, and respect for their fellow men.

When this doctrine has settled in the hearts of men, home life will be enlightened, fortifying the parents in virtue, married couples in faithfulness to each other, children in obedience; it shall fill the wisdom of teachers, make leaders magnanimous, and inspire judges to do real justice; scientists shall be enlightened, and that light shall reveal great secrets for the good of humanity and their spiritual evolution. And thus shall a new Era of peace and progress begin. (349, 35)

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Blessed are those who dream of a paradise of peace and harmony. (263, 2)

Blessed are those who with humility and faith ask Me for their spirits to progress, for they will receive that which they request of their Father. (35, 1)

Your advancement, or evolution, will permit you to find My truth and perceive My Divine presence, in the spiritual just as in each one of My works. I will then say to you: "Blessed are those who know how to see Me in everything, for it is they who truly love Me."

Blessed are those who know how to feel Me with their spirit, and even through their material form, for these are the ones who have sensitized their entire being, those who have truly become spiritualized. (305, 61-62)

**MY PEACE BE WITH YOU!**